

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

5 - Dorothy Goetz
6 - Richard Lewis
8 - Paul Walters
9 - Marian Frank
9 - Jerald Heffleger
14 - Robert Allen
15 - Shirley Emerich
20 - Karen Alban
20 - Joan Kaczmarczyk
20 - Gail Hatter
21 - Barbara Porter

November

23 - Lois Fehr
23 - Maryann Lazarski
26 - Paul Hutira
27 - Lorraine Campion
30 - Ray Wildermuth

December

1 - Miriam Tirjan
1 - Joseph Rilo
6 - Margaret Allen
11 - Vera Kleman
14 - Judith Moyer
15 - Emil Kostura
16 - Nita Rhoades
20 - Joanna Schuster
21 - Robert Kelly
23 - Charlotte Smigo
28 - Donald Kessler

2 - Anna Francavage
4 - Joseph Weschules
4 - Dorothy Balthaser
7 - Kathleen Berkenstock
8 - Catherine Halpin
9 - Joseph Burns
12 - Dorothy Pomian
12 - Gloria Stein
19 - Ruth Smigo

20 - Joan Urenko
26 - Robert Gadinski
27 - Eileen Petko
27 - Jo Ann Moyer
28 - Ellen Benfer



Providence Place SENIOR LIVING News

Q4: October 2025

A Note from the Executive Director

Welcome Fall!

As the leaves are changing all around our community, we are excited to usher in our seasonal activities. Be sure to come join us for our Community Trick-or-Treat on the 26th starting at 2:30pm.

Our annual Resident/Family Surveys are out and open from 9/29-10/13. Please be sure to complete via the link provided in your email or see Kimberly, the Community Life Director, to provide your feedback on improving our community.

We will also be hosting our annual vaccine clinic on 10/9. If you would like to participate with a flu or covid booster, please make sure your consent forms have been provided to nursing.

Blessings,

Julie Wallace
Executive Director

Highlighted Events

- 2 - **Veteran's Soup Social** @ 2pm
- 5 - **Musical Entertainment** @ 1:30pm
Dave Derbes
- 8 - **Magic Show** @ 2:30pm
The Amazing Magi
- 9 - **Vaccine Clinic**
- 26 - **Trick-or-Treat** @ 2:30pm
Family + Friends Welcome!
- 29 - **Dinner Theater** @ 4pm
Little Shop of Horrors

Welcome New Residents

Jerald Heffleger
Dorothy Kessler
MaryAnn Heenan
Patricia Czarnecki
Gail Hatter
Edward Bamford
Jo Ann Moyer



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE Club		Calendar Key: ** Registration Required \$\$ Cost Involved 3F 3rd Floor 3FL/CR 3rd Floor Club Room CM Community Room CNS Connections 2nd Floor South DR Dinning Room 1FP 1st Floor Patio ML Main Lobby OOB Out of Building P Pub PL Parking Lot TB Throughout Building	Yom Kippur 1 9:00 Morning News, Crosswords and Chronicles (P) 9:00 Shopping Trip: Walmart ** \$\$ (OOB) 10:00 Morning Café: Dunkin Donuts (P) 10:30 Exercise Video (P) 1:30 Creative Crafters: Scare Crows (3FL/CR) 2:00 Worship with Chaplain Followed by Bible Study (CM) 3:00 Ed-U: <i>What is Yum Kippur</i> by Religion For Breakfast (3FL/CR) 6:00 Adult Coloring & Games (P)	2 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Three-Piece Suit Card Game (3FL/CR) 10:30 Remembering Hayrides: Let's Journey Back to Autumn Days (3FL/CR) 11:00 Challenging Brain Exercises (3FL/CR) 1:30 Zumba with Michele (CNS) 2:30 Cookies & Milk Social (CNS) 3:00 Finish the Lines (CNS) 6:00 Nickel Bingo \$\$ (P) 7:00 Gospel Singers (CM)	3 9:30 Daily Meeting & Gazette (3FL/CR) 10:00 Pumpkin Patch Club: Painting Wooden Pumpkins Deco (3FL/CR) 11:00 Collage Detective: Orange Matters (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Taste of October Social (3FL/CR) 3:00 Communion & Rosary with Chaplain Henninger (CM) 3:30 Orange Trivia (3FL/CR) 6:00 Movie: <i>Fantastic Mr. Fox</i> (P)	4 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Word Play (3FL/CR) 10:30 Double Balloon Volleyball (3FL/CR) 1:30 Brain Game: Guess the Word (3FL/CR) 2:00 Nickel Bingo \$\$ (P) 2:30 Heath Talk: <i>What Happens to Your Body When You Eat Pumpkin Everyday</i> By Health Normal (3FL/CR) 3:00 Cheerful Club: Compliment Time (3FL/CR) 6:00 Catholic Mass Televised: St. Ambrose (P)
5 9:00 Daily Meeting & Chronicles 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Light N' Lively Exercise (3FL/CR) 1:30 Live Music with Dave Derbes (P) 3:00 Tic Tack Toe Toss (3FL/CR) 3:00 Communion & Rosary with Chaplain Henninger (CM) 3:30 Chat Club: Let's Give a Compliments To Each Other (3FL/CR) 6:00 Puzzles & Games with Friends ((P)	6 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Morning Trailblazers (TB) 10:30 Seated Yoga with Michele (P) 1:30 Octoberfest Prize Bingo (3FL/CR) 2:00 Worship with Chaplain Brittany Followed by Circle of Friends (CM) 2:30 Reader's Club: Short Story - <i>Dancing Through Halloween</i> (3FL/CR) 3:00 Reflection & Discussion on Short Story (3FL/CR) 6:00 Learn Pinochle with Barb W. (P)	7 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Dining Committee Meeting (DR) 10:00 Communion by Sister Mary Jane (CM) 10:30 Spa Time: Curls for Girls (3FL/CR) 11:00 Breathing & Stretching Exercise (TB) 1:30 Inquisitive Travelers' Club: California (3FL/CR) 2:30 California Word Search (3FL/CR) 3:00 Conversation Ice Breaker Autumn Edition: What Would You Rather? (3FL/CR) 6:00 Nickel Bingo \$\$ (P)	8 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Painters' Club: Eggcorns (3FL/CR) 10:30 Eggcorn Trivia (3FL/CR) 1:30 Afternoon Trailblazers (TB) 2:00 Worship with Chaplain Brittany Followed By Bible Study (CM) 2:30 Magic Show: Michael Reist: <i>The Amazing Magi</i> (P) 3:30 Get Up & Go Fitness Walkers (TB) 6:00 Adult Coloring & Games (P)	9 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Creative Crafters' Club: Autumn Sensory Bottles (3FL/CR) 11:00 Breathing & Relaxation Exercises (3FL/CR) 1:30 Zumba with Michele (CNS) 2:30 Helping Hands: Setting up for the Birthday Party (3FL/CR) 3:00 Birthday Party Time (3FL/CR) 6:00 Nickel Bingo \$\$ (P)	10 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Designer's Club: Decorating our Pumpkins (3FL/CR) 11:00 Brain Game: Word Roll (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Pumpkin & Spice Social (3FL/CR) 3:00 Communion & Confession with Father Karpn (CM) 3:30 Inquiring Minds Club: <i>Pumpkin Varieties</i> By: Churchill's Gardens (3FL/CR) 6:00 Movie: <i>Practical Magic</i> (P)	11 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Book Club: Holiday Poem Reading (3FL/CR) 10:30 Poem Reflection (3FI/CR) 1:30 Shuffle Board (3FL/CR) 2:00 Nickel Bingo \$\$ (P) 2:30 Game of Life (3FL/CR) 3:00 Brain Games: Pictionary (3FL/CR) 6:00 Catholic Mass Televised: St. Ambrose (P)
12 9:00 Daily Meeting & Chronicles (3FL/CR) 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Total Body Workout (3FL/CR) 1:00 Sunday Matinee (P) 1:30 Live Music With Dale & Dustin (P) 3:00 Communion & Rosary with Chaplain Henninger (CM) 3:00 Tic Tac Toe Toss (3FL/CR) 6:00 Puzzles & Games with Friends (P)	13 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Ed-U Documentary: <i>The Story of Hollywood</i> by Han Williams (3FL/CR) 10:30 Seated Yoga with Michele (P) 1:30 Shuffle Board (3FL/CR) 2:00 Worship with Chaplain Brittany Followed by Circle of Friends (CM) 2:30 Brain Games: Train of Thought (3FI/CR) 3:00 Memory Magic (3FL/CR) 6:00 Pottsville Majorettes (FP)	14 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Communion by Sister Mary Jane (CM) 10:00 Paint Club: Inspirational Plack (3FL/CR) 11:00 Afternoon Trailblazers (TB) 1:00 Methodist Christ Fellowship Church Women's Group of Schuylkill Haven: Hymn Sing (P) 2:00 Perfect Polish Manicures (3FL/CR) 3:00 Short Stories: <i>Chicken Soup for the Soul - Believe in Miracles</i> (3FL/CR) 6:00 Nickel Bingo \$\$ (P)	15 9:00 Morning New, Crosswords and Chronicles (P) 9:00 Shopping Trip: Kohls ** \$\$ (OOB) 10:00 Word in a Word Wednesday (P) 10:30 Balance in Action with Melissa (P) 1:30 Ed-U: <i>Natural History of California Dogface Butterfly</i> by Zelicaon (3FL/CR) 2:00 Worship with Chaplain Brittany Followed by Bible Study (CM) 4:00-5:00 Ordering In: Chinese ** \$\$ (P) 6:00 Adult Coloring & Games (P)	16 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Spooky Detective (3FL/CR) 11:00 Target Toss (3FL/CR) 1:00 Welcome to Our Community: Social for New Residents (P) 1:30 Zumba with Michele (CNS) 2:30 Relax & Refresh Social (CNS) 3:30 Creative Expressions (CNS) 6:00 Nickel Bingo \$\$ (P)	17 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Creative Crafters: Flower Round Tree Branch Centerpiece (3FL/CR) 11:00 Connect 4 Games (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Ghostly Social: Vanilla Ice Cream Floats (3FL/CR) 3:00 Parachute Pumpkin Balancing (3FL/CR) 3:00 Communion & Rosary with Chaplain Henninger (CM) 6:00 Movie: <i>The Adams Family</i> (P)	18 9:30 Daily Meeting & Chronicles (P) 10:00 Designers' Club: Creative Painting Real Pumpkins (3FL/CR) 11:00 Club Fitness Walkers (3FL/CR) 1:30 Run Fast Challenge (3FL/CR) 2:00 Nickel Bingo \$\$ (P) 2:30 Sorry Board Game (3FL/CR) 3:00 Toe, Foot & Ankle Exercise (3FL/CR) 6:00 Catholic Mass Televised: St. Ambrose (P)
19 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Hand, Foot & Ankle Exercise (3FL/CR) 1:00 Family Movie: <i>The Great Pumpkin</i> (P) 1:30 Pumpkin Pie Social (P) 2:30 Hula Hoop Game: Toss Your Hat Inside The Hoop (3FL/CR) 3:00 Communion & Rosary with Chaplain Henninger (CM) 6:00 Puzzles & Games with Friends (P)	20 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Random Trivia (3FL/CR) 10:30 Seated Yoga with Michele (P) 1:30 Apple Dumpling with Ice Cream Social (3FL/CR) 2:00 Worship with Chaplain Brittany Followed by Circle of Friends (CM) 2:30 Apple, Peaches, Pumpkin Pie the Highest Score Wins a Pie: Bounce Toss (3FL/CR) 3:30 Let's Take a Troll (TB) 6:00 Learn Pinochle with Barb W. (P)	21 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Communion with Sister Mary Jane (CM) 10:00 Chef's Table with Jake (DR) 10:30 Spa Day: Curls for Girls (3FL/CR) 1:30 Brain Gym: Word Association (3FL/CR) 2:00 Spoon Game (3FL/CR) 2:30 Trivia: Carmel Around the World (3FL/CR) 3:00 Carmel Me Delicious Social with Carmel Apple Sundaes (3FL/CR) 6:00 Nickel Bingo \$\$ (P)	22 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Run Fast Challenge (3FL/CR) 11:00 Manheim Dinner ** \$\$ (OOB) 1:30 Trick or Treat Sweetest Ball Game Ever (3FL/CR) 2:00 Worship with Chaplain Brittany Followed By Bible Study (CM) 3:00 Creative Crafters: Making Ghosts (3FL/CR) 3:30 Get Up & Go Walking Club (TB) 6:00 Adult Coloring & Games (P)	23 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Tic Tac Toe Toss (3FL/CR) 10:30 Brain Game: Train of Thought (3FL/CR) 1:30 Zumba with Michele (CNS) 2:30 Hydration Station: Sprite Spritzers with Fruit Favored Ice Cubes (CNS) 3:00 Going Batting for Baseball Trivia (CNS) 3:30 Witchy Ring Toss (3FL/CR) 6:00 Nickel Bingo \$\$ (P)	24 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Halloween Words: List 30 (3FL/CR) 10:30 Halloween Word Search (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Conversation Stones (3FL/CR) 3:00 What am I Hat Game (3FI/CR) 3:00 Communion & Rosary with Chaplain Henninger (CM) 6:00 Movie: <i>Hocus Pocus</i> (P)	25 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Sticky Dart Match (3FL/CR) 10:30 Drum to the Beat Drumstick Exercise (3FL/CR) 1:30 Wall Wheel of Fortune (3FL/CR) 2:00 Nickel Bingo \$\$ (P) 2:00 Saturday Film Fest: <i>Working 9 to 5</i> (3FL/CR) 6:00 Catholic Mass Televised: St. Ambrose (P)
26 9:00 Daily Meeting & Chronicles (3FL/CR) 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Drum to the Beat Exercise (3FL/CR) 1:30 Helping Hands: Setting Up For Trick or Treat (ML) 2:30 Trick or Treat (FP) 3:00 Communion & Rosary with Chaplain Henninger (P) 3:00 Tic Tac Toe Toss (3FL/CR) 6:00 Puzzles & Games with Friends (P)	27 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Brain Game: Halloween Words - Name 30 (3FL/CR) 10:30 Seated Yoga with Michele (P) 1:30 Scarecrow Stickman Game (3FL/CR) 2:00 Worship with Chaplain Brittany Followed by Circle of Friends (CM) 2:30 Popcorn Bingo (3FL/CR) 3:30 Time for Mediation & Relaxing (3FL/CR) 6:00 Learn Pinochle with Barb W. (P)	28 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Communion with Sister Mary Jane (CM) 10:30 Spa Day: Moisturizing Hand & Arm Massages (3FL/CR) 11:00 Word Teasers –Funny Sayings (3FL/CR) 1:30 Spatula Volleyball (3FL/CR) 2:30 Creative Coloring: Autumn Trees (3FL/CR) 3:00 Stress Ball Exercise (3FL/CR) 6:00 Halloween Treat Bingo (P)	29 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Designs' Club: Making Broches from Broken Jewelry 3FL/CR) 11:00 Afternoon Trailblazers (TB) 1:30 Musical Entertainment: Bryan Herber (P) 2:00 Celebration of Life (CM) 2:30 My 2 Cents Game (3FL/CR) 4:00 Dinner Theater: <i>Little Shop of Horrors</i> Dinner & Halloween Activities (P)	30 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Wall Scramble (3FL/CR) 11:00 Daily Prayer & Reflection (3FL/CR) 1:30 Zumba with Michele (CNS) 2:30 Halloween Snacks (CNS) 3:00 Cornhole Toss Competition (CNS) 5:00 Resident Birthday Dinner (P) 6:00 Story Telling with Friends (P)	Halloween 31 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Roll The Cube: What's Your Question (3FL/CR) 10:30 Tour Time: <i>Halloween Fireworks Spectacular at Disneyland</i> (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Cheerful Club: Handing Out Candy (TB) 3:00 Communion & Rosary with Chaplain Henninger (CM) 3:00 Happy Halloween Social (3FL/CR) 6:00 Movie: <i>Hocus Pocus 2</i> (P)	October 2025