



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Deck the Halls: Holiday Decorating 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Paper Bag Gingerbread House 2:30 Gingerbread with Friends 3:00 Sunny Self Care 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: McDonald's Ice Cream 2:00 Happy Birthday Land of Lincoln 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Peppermint Mocha Mousse 2:30 Mousse and Mint Mixer 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	5 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Winter Word Games: Alliteration Adventure 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Make Your Own Christmas Village Holiday Houses 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
7 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 A Holly Jolly Burl Ives Holiday 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down Pearl Harbor Remembrance Day	8 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Give Me Five 2:00 Kindly Canines Visit 2:30 Memory Café 3:00 Meaningful Moments 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Wonders of Winter Piano Performance by Bryan Herber 2:30 Hot Cocoa with Club 3:00 Sunny Self Care 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Providence Christian Academy Performance (Building Wide) 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: Mikie's Ice Cream in Greencastle 2:00 Rosary with Corpus Christi Catholic Church 2:00 Winter Wonderland Wednesday 3:00 A Country Christmas with Jessica Synder 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Gingerbread Eggnog Mocktail 2:30 Spiced Sugarplum Soiree 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	12 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Gift Box Stacking 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Create a Cookie: Decorating Santa's Cookies 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Holiday Helping Hands: Cards for Club 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down Hanukkah	15 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 <i>Sleigh</i> the Holiday Tune 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Holiday Entertainment: Children of Waynesboro Elementary 3:00 Day Excursion: Festive Country Bus Ride 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Festive Framed Photos 2:30 Holiday Hydration 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Festive Sugar Cookie Dip 2:30 Sweet Swirl Social 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 <i>All Ice</i> on Me: Winter Charades 2:00 Musical Memories with Tom Shultz 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Senses of the Seasons: Winter Poems 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
21 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Carol Cut-Off Sing-a-Long 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: Santa's Pictures 2:30 Memory Café 3:00 Meaningful Moments 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Tissue Paper Christmas Tree 2:30 Santa's Cookies and Milk 3:00 Sunny Self Care 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Festive Friends: Card Exchange 2:30 Sounds of the Season 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down Christmas Eve	25 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Christmas Fluff 2:30 Jolly Jingle Jig 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 7:00 Evening Wind Down Christmas Day	26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 December Can You Picture This? 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Winter Word Scramble 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
28 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Easy Does It December Trivia 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Winter Roll-a-Story 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Northern Lights Chalk Pastels Project 2:30 Friendly Refreshments 3:00 Sunny Self Care 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Resident Recognition Party 2:30 Year in Review: All About You 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down New Year's Eve	CONNECTIONS  DECEMBER 2025		