

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	18 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Crafty Corner: Snowy Trees 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Craft with Club: Snowy Stencil Snowman 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Day Excursion: Mikie's in Greencastle 2:00 Craft with Club: Snowy Stencil Snowman 3:00 Hot Potato 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Wooden Spoon Snowman 2:00 Snow Day Snacks 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Treats R Us: Snowballs Ice Cream Floats 2:30 Chill Swirl Soiree 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Chilly Winter Trivia 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	24
	Martin Luther King, Jr Day						
	25 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Snowball Fight 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Craft with Club: DIY Love Heart Wand 2:30 Homemade Reese's Cup 3:00 Seated Soccer 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Day Excursion: Windy Knoll's 2:00 Serendipity Day with Club 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: January Fluff Salad 2:30 The January Jolly Remix 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Easy Does It: January Trivia 2:30 Memory Café 3:00 Coal Miner Music with Jay Smar 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Winter Would You Rather 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	31

CONNECTIONS



JANUARY 2026