


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <div>Chambersburg</div> <div>CONNECTIONS</div> <div>  <div>JANUARY 2026</div> </div> </div>				<div>1</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Mobility in Motion  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 New Year Sunrise Mocktail with Club  2:30 Sparkle Sip and Snack Soiree  3:00 Midweek Worship Service  4:00 Dinner  5:00 Retro Radio  7:00 Evening Wind Down </div> <div>New Years Day</div>	<div>2</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Easy Arm Exercises  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Winter Pictionary  2:30 Memory Café  3:00 Balloon Volleyball League  4:30 Dinner  5:00 Relaxing Reading  7:00 Evening Wind Down </div>	<div>3</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Choose Your Own Exercise  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Piano Playing with Bryan Herber  2:30 Hydration Station  3:00 Movement to Music  4:30 Dinner  5:00 Cute and Cuddly Animals  7:00 Evening Wind Down </div>
<div>4</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:45 Sunday Service Televised:  Grand Point Church  10:30 Chair Yoga  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Whimsical Winter Art  2:30 Sunday Afternoon Hot Cocoa  3:00 Worship Service  4:30 Dinner  5:00 Cozy Conversations  7:00 Evening Wind Down </div>	<div>5</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Lots o' Leg Exercise  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Board Game Bonanza:  <i>Don't Break the Ice</i>  2:30 Memory Café  3:00 Sunshine Club  4:30 Dinner  5:00 Classic TV  7:00 Evening Wind Down </div>	<div>6</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Ab-solutely Solid Core Workout  10:30 Shake and Shimmy Music Therapy  11:30 Lunch  1:30 Craft with Club:  3D Snowman and Friends  2:30 Thirst Quenchers with Club  3:00 Chair Tennis  4:00 Dinner  5:00 International Adventures  7:00 Evening Wind Down </div>	<div>7</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Stretch Away the Stress  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Day Excursion: Dunkin' Run  2:00 Cooking with Club:  Baking Polar Cupcakes  3:00 Leading Ladies:  Hymns and Bible Study with Patti  4:00 Dinner  5:00 Calming Nature Livestreams  7:00 Evening Wind Down </div>	<div>8</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Mobility in Motion  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Fun with Food: Polar Bear Paw  Cupcake Decorating  2:30 Glacial Treat Troopers  3:00 Midweek Worship Service  4:00 Dinner  5:00 Retro Radio  7:00 Evening Wind Down </div>	<div>9</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Easy Arm Exercises  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 January Can You Picture This?  2:30 Memory Café  3:00 Balloon Volleyball League  4:30 Dinner  5:00 Relaxing Reading  7:00 Evening Wind Down </div>	<div>10</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Choose Your Own Exercise  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Snowman Knock Down  2:30 Hydration Station  3:00 Movement to Music  4:30 Dinner  5:00 Cute and Cuddly Animals  7:00 Evening Wind Down </div>
<div>11</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:45 Sunday Service Televised:  Grand Point Church  10:30 Chair Yoga  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 <i>Snow</i> Many Words  2:30 Sunday Afternoon Hot Cocoa  3:00 Worship Service  4:30 Dinner  5:00 Cozy Conversations  7:00 Evening Wind Down </div>	<div>12</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Lots o' Leg Exercise  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Short Story: The Backyard Ghost  2:30 Memory Café  3:00 Meaningful Moments  4:30 Dinner  5:00 Classic TV  7:00 Evening Wind Down </div>	<div>13</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Ab-solutely Solid Core Workout  10:30 Shake and Shimmy Music Therapy  11:30 Lunch  1:30 Craft with Club: Photo Snow Globe  2:30 Chilly Treats  3:00 Mindful Movement:  Bouncing Balloons  4:00 Dinner  5:00 International Adventures  7:00 Evening Wind Down </div>	<div>14</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Stretch Away the Stress  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Day Excursion: Big Oak Café  2:00 Wintertime Memories Day  3:00 Country Classics with  Jessica Synder  4:00 Dinner  5:00 Calming Nature Livestreams  6:00 Dementia Care Partner  Support Group  7:00 Evening Wind Down </div>	<div>15</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Mobility in Motion  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Mixing Mediums: Wintery Scene  2:30 Sing-A-Longs and Snacks  3:00 Midweek Worship Service  4:00 Dinner  5:00 Retro Radio  7:00 Evening Wind Down </div>	<div>16</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Easy Arm Exercises  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Winter Three Words  2:30 Memory Café  3:00 Balloon Volleyball League  4:30 Dinner  5:00 Relaxing Reading  7:00 Evening Wind Down </div>	<div>17</div> <div> 6:00 Activities of Daily Living  8:00 Breakfast  9:30 Morning Meet Up:  Daily Chronicle and Devotional  10:00 Choose Your Own Exercise  10:30 Mid-Morning Mind Crunch  11:00 Discussing the Day Ahead  11:30 Lunch  1:30 Whose is Whose:  Antler Matching Game  2:30 Hydration Station  3:00 Movement to Music  4:30 Dinner  5:00 Cute and Cuddly Animals  7:00 Evening Wind Down </div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Crafty Corner: Snowy Trees 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Martin Luther King Jr. Trivia and Discussion 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down  Martin Luther King, Jr Day	20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Day Excursion: Mikie's in Greencastle 2:00 Craft with Club: Snowy Stencil Snowman 3:00 Hot Potato 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Wooden Spoon Snowman 2:00 Snow Day Snacks 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Treats R Us: Snowballs Ice Cream Floats 2:30 Chill Swirl Soiree 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: Childhood Birthday Parties 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Chilly Winter Trivia 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
25 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Snowball Fight 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 "Snow" Day Conversations 2:30 Memory Café 3:00 Meaningful Moments 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Craft with Club: DIY Love Heart Wand 2:30 Homemade Reese's Cup 3:00 Seated Soccer 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: Windy Knoll's 2:00 Serendipity Day with Club 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: January Fluff Salad 2:30 The January Jolly Remix 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Easy Does It: January Trivia 2:30 Memory Café 3:00 Coal Miner Music with Jay Smar 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Winter Would You Rather 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down

CONNECTIONS



JANUARY 2026