

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dover

CONNECTIONS



JANUARY 2026

					1	2	3
					7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Fit To The Core Club 10:00 Pictionary 12:00 Lunch 1:15 Price is Right - Then & Now 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Hydration & Snack 3:30 Family Feud 5:00 Dinner 6:30 Family Game Night New Years Day	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Cookie Class with Eve 12:00 Lunch 1:15 Giant Cup Pong Toss 2:00 Wheel of Fortune 3:00 Hydration & Snack 3:30 Ball Toss: Discussion Starters 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Brain Games: Guess the Logo 12:00 Lunch 1:15 Karaoke Showdown! 2:00 Polished Perfections 3:00 Hydration & Snack 3:30 Armchair Travelers: Explore Europe 5:00 Dinner 6:30 Relaxation Sounds

4	5	6	7	8	9	10
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion & Desserts with Club 12:00 Lunch 1:30 Sunday Service with Chaplain 2:00 Mid Afternoon Stretches 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Monday Muscle Club 10:00 Brain Games: Common Sayings 12:00 Lunch 1:15 Connecting with Club 2:30 Crafty Creations 3:00 Hydration & Snack 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Brain Games: Riddle Me This 5:00 Dinner 5:00 Dinner 6:30 Calming Nature Sounds	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Baking and Bingo 12:00 Lunch 1:15 Connecting with Club 2:30 Crafty Creations 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Brain Games: Riddle Me This 5:00 Dinner 6:30 Hand massages	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Connecting with Club 12:00 Lunch 1:15 Memory Magic 2:30 Mid-week Service Chaplain Shawn 3:00 Hydration & Snack 3:30 Noodle Ball 4:00 Ball Toss: Discussion Starters 5:00 Dinner 6:30 Relax & Recoup by the Fire	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:45 Fit To The Core Club 10:00 Brain Games: Finish the Slogan 12:00 Lunch 1:15 Parachute Games 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Hydration & Snack 3:30 Jumbo: Left, Right, Center 4:00 1 on 1 Chats 5:00 Dinner 6:30 Family Game Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Brain Games: Guess in 10 12:00 Lunch 1:15 Mini Golfing 2:00 Price is Right: 1950's 3:00 Hydration & Snack 3:30 Name that Tune: Big Band Hits 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Morning Devotional 12:00 Lunch 1:15 I Should Have Known That 2:00 Polished Perfections 3:00 Hydration & Snack 3:30 Musical Entertainment Michelle Jameson 5:00 Dinner 6:30 Relaxation Sounds

11	12	13	14	15	16	17
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion & Desserts with Club 12:00 Lunch 1:15 Connecting with Club 2:00 Bible Study with Chaplain 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy 12:00 Lunch 1:15 Connecting with Club 2:00 Bible Study with Chaplain 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 Color Me Calm 3:30 Story Circle 4:00 Name that Tune 5:00 Dinner 6:30 Calming Nature Sounds	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Baking and Bingo 12:00 Lunch 1:15 Chef Demo! 2:30 Mid-week Service Chaplain Shawn 3:00 Hydration & Snack 3:30 Bean Bag Toss 5:00 Dinner 6:30 Relax & Recoup by the Fire	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Connecting with Club 12:00 Lunch 1:15 Guess Who I Am 2:30 Mid-week Service Chaplain Shawn 3:00 Hydration & Snack 3:30 Bean Bag Toss 5:00 Dinner 6:30 Family Game Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:45 Fit To The Core Club 10:00 Brain Games: Guess Who I Am 12:00 Lunch 1:15 Price is Right - Plinko 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Hydration & Snack 3:30 Ball Toss: Discussion Starters 4:00 1 on 1 Chats 5:00 Dinner 6:30 Family Game Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Morning Devotional 12:00 Lunch 1:15 Ladder Ball 2:00 Balloon Volleyball 3:00 Hydration & Snack 3:30 First to Worst 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Brain Games: Tongue Twisters 12:00 Lunch 1:15 Musical Entertainment Tom & Randi 2:00 Polished Perfections 3:00 Hydration & Snack 3:30 Armchair Travelers: Explore Africa 5:00 Dinner 6:30 Relaxation Sounds

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion and Desserts with Club 12:00 Lunch 1:30 Sunday Service with Chaplain Shawn 2:00 Mid Afternoon Stretches 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Monday Muscle Club 10:00 Jumbo Jenga 12:00 Lunch 1:15 Connecting with Club 2:00 Bible Study with Chaplain 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 Guess the Whistler's Tune 4:00 Would You Rather? 5:00 Dinner 6:30 Calming Nature Sounds Martin Luther King, Jr Day	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Baking and Bingo 12:00 Lunch 1:15 Connecting with Club 2:30 Crafty Creations 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Guess in 10 5:00 Dinner 6:30 Hand massages	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Connecting with Club 12:00 Lunch 1:15 Memory Magic 2:30 Mid-week Service Chaplain Shawn 3:00 Hydration & Snack 3:30 Penny Game 5:00 Dinner 6:30 Relax & Recoup by the Fire	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Fit To The Core Club 10:00 Tongue Twisters 12:00 Lunch 1:15 Jumbo Yahtzee 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Hydration & Snack 3:30 Parachute Games 5:00 Dinner 6:30 Family Game Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Brain Games Finish the Phrase 12:00 Lunch 1:15 Bean Bag Toss 2:00 Monopoly 3:00 Hydration & Snack 3:30 Hangman 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Morning Devotional 12:00 Lunch 1:15 Culinary Creations 2:00 Polished Perfections 3:00 Hydration & Snack 3:30 Armchair Travelers: Explore Canada 5:00 Dinner 6:30 Relaxation Sounds
25	26	27	28	29	30	31
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion and Desserts with Club 12:00 Lunch 1:30 Sunday Service with Chaplain Shawn 2:00 Mid Afternoon Stretches 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Monday Muscle Club 10:00 Two Truths & a Lie 12:00 Lunch 1:15 Connecting with Club 2:00 Bible Study with Chaplain 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 Giant Ring Toss 4:00 I Remember That 5:00 Dinner 6:30 Calming Nature Sounds	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Baking and Bingo 12:00 Lunch 1:15 Connecting with Club 2:30 Crafty Creations 3:00 Hydration & Snack 3:30 Target Practice: Nerf Gun 4:00 Color Me Calm 5:00 Dinner 6:30 Hand massages	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Connecting with Club 12:00 Lunch 1:15 Memory Magic 2:30 Mid-week Service Chaplain Shawn 3:00 Monthly Birthday Celebration 4:00 I Should Have Known That 5:00 Dinner 6:30 Relax & Recoup by the Fire	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Fit To The Core Club 10:00 MadLibs 12:00 Lunch 1:15 Bowling! 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Hydration & Snack 3:30 Story Circle 4:00 1 on 1 Chats 3:30 Corn Hole 4:00 Brain Games: Riddle Me This 5:00 Dinner 6:30 Family Game Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Brain Games 12:00 Lunch 1:15 Jump Shots 2:00 Jeopardy 3:00 Hydration & Snack 3:30 Story Circle 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Morning Devotional 12:00 Lunch 1:15 Karaoke Showdown! 2:00 Polished Perfections 3:00 Hydration & Snack 3:30 Armchair Travelers: Explore Brazil 5:00 Dinner 6:30 Relaxation Sounds

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