




# CONNECTIONS



# FEBRUARY 2026

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |
|---|--|--|---|--|---|--|
| 1<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:45 Sunday Service Televised:<br>Grand Point Church<br>10:30 Chair Yoga<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Groundhog Ate My Garden Game<br>2:30 Sunday Afternoon Hot Cocoa<br>3:00 Worship Service<br>4:30 Dinner<br>5:00 Cozy Conversations<br>7:00 Evening Wind Down | 2<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Lots o' Leg Exercise<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Groundhog Day Giant Word Find<br>2:30 Memory Café<br>3:00 Sunshine Club<br>4:30 Dinner<br>5:00 Classic TV<br>7:00 Evening Wind Down    | 3<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Power Hour in the Exercise Room<br>10:00 Ab-solutely Solid Core Workout<br>10:30 Shake and Shimmy Music Therapy<br>11:30 Lunch<br>1:30 Craft with Club: Groundhog's Shadow<br>2:30 Refreshments with Friends<br>3:00 Balloon Baseball<br>4:30 Dinner<br>5:00 International Adventures<br>7:00 Evening Wind Down                         | 4<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Stretch Away the Stress<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Day Excursion: McDonald's<br>2:00 Docu-Dive: Impressive Snow<br>Sculptures with Snowball Snacks<br>3:00 Leading Ladies:<br>Hymns and Bible Study with Patti<br>4:30 Dinner<br>5:00 Calming Nature Livestreams<br>7:00 Evening Wind Down                                | 5<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Power Hour in the Exercise Room<br>10:00 Mobility in Motion<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Cooking with Club: Edible Groundhog<br>2:30 Borrow Bites Bash<br>3:00 Midweek Worship Service<br>4:30 Dinner<br>5:00 Retro Radio<br>7:00 Evening Wind Down                      | 6<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Easy Arm Exercises<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Winter Olympics Opening Ceremony<br>Celebration<br>2:30 Memory Café<br>3:00 Balloon Volleyball League<br>4:30 Dinner<br>5:00 Relaxing Reading<br>7:00 Evening Wind Down | 7<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Choose Your Own Exercise<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Begins With...<br>2:00 Piano Playing with Bryan Herber<br>3:00 Movement to Music<br>4:30 Dinner<br>5:00 Cute and Cuddly Animals<br>7:00 Evening Wind Down  |
| 8<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:45 Sunday Service Televised:<br>Grand Point Church<br>10:30 Chair Yoga<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 The Tailgate Takeover<br>2:00 Puppy Bowl 2026 Watch Party<br>3:00 Worship Service<br>4:30 Dinner<br>5:00 Cozy Conversations<br>7:00 Evening Wind Down       | 9<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Lots o' Leg Exercise<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Olympic Torch Musical Relay<br>2:30 Memory Café<br>3:00 Meaningful Moments<br>4:30 Dinner<br>5:00 Classic TV<br>7:00 Evening Wind Down | 10<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Power Hour in the Exercise Room<br>10:00 Ab-solutely Solid Core Workout<br>10:30 Shake and Shimmy Music Therapy<br>11:30 Lunch<br>1:30 Craft with Club:<br>Watercolor Conversation Hearts<br>2:30 Hydration Station: Love Potion No. 9<br>3:00 Seated Soccer<br>4:30 Dinner<br>5:00 International Adventures<br>7:00 Evening Wind Down | 11<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Stretch Away the Stress<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Day Excursion: Mikie's of<br>Greencastle<br>2:00 Cards and Hugs: Card Exchange<br>3:00 Leading Ladies:<br>Hymns and Bible Study with Patti<br>4:30 Dinner<br>5:00 Calming Nature Livestreams<br>6:00 Dementia Care Partner Support<br>Group<br>7:00 Evening Wind Down | 12<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Power Hour in the Exercise Room<br>10:00 Mobility in Motion<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Cooking with Club: Sweet Strawberry<br>and Cocoa Whip<br>2:30 Cupid's Cocoa Party<br>3:00 Midweek Worship Service<br>4:30 Dinner<br>5:00 Retro Radio<br>7:00 Evening Wind Down | 13<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Easy Arm Exercises<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Around the Table Talk:<br>Valentine's Day<br>2:30 Memory Café<br>3:00 Balloon Volleyball League<br>4:30 Dinner<br>5:00 Relaxing Reading<br>7:00 Evening Wind Down      | 14<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:30 Morning Meet Up:<br>Daily Chronicle and Devotional<br>10:00 Choose Your Own Exercise<br>10:30 Mid-Morning Mind Crunch<br>11:00 Discussing the Day Ahead<br>11:30 Lunch<br>1:30 Around the Table Talk:<br>Valentine's Day and Chocolate Tasting<br>2:30 Hydration Station<br>3:00 Movement to Music<br>4:30 Dinner<br>5:00 Cute and Cuddly Animals<br>7:00 Evening Wind Down<br><br>Valentine's Day |

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|---|--|---|---|--|--|---|
| <div>15</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:45 Sunday Service Televised:<br/> Grand Point Church<br/> 10:30 Chair Yoga<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Sit and Be Fit : Winter Edition<br/> 2:30 Sunday Afternoon Hot Cocoa<br/> 3:00 Worship Service<br/> 4:30 Dinner<br/> 5:00 Cozy Conversations<br/> 7:00 Evening Wind Down </div>              | <div>16</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Lots o' Leg Exercise<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 First Ladies... Who Am I?<br/> 2:30 Memory Café<br/> 3:00 Sunshine Club<br/> 4:30 Dinner<br/> 5:00 Classic TV<br/> 7:00 Evening Wind Down </div> <div>President's Day</div> | <div>17</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Power Hour in the Exercise Room<br/> 10:00 Ab-solutely Solid Core Workout<br/> 10:30 Shake and Shimmy Music Therapy<br/> 11:30 Lunch<br/> 1:30 Hydration Station: Mardi Gras<br/> Hurricane Mocktail<br/> 2:30 Bayou Breeze Bash<br/> 3:00 Mardi Gras Madness Art Hour<br/> 4:30 Dinner<br/> 5:00 International Adventures<br/> 7:00 Evening Wind Down </div> <div>Fat Tuesday/Mardi Gras</div> | <div>18</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Stretch Away the Stress<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Sensory Exploration: Funfetti Dough<br/> 2:30 Refreshments with Friends<br/> 3:00 Leading Ladies:<br/> Hymns and Bible Study with Patti<br/> 4:30 Dinner<br/> 5:00 Calming Nature Livestreams<br/> 7:00 Evening Wind Down </div> <div>Ash Wednesday</div> | <div>19</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Power Hour in the Exercise Room<br/> 10:00 Mobility in Motion<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Crafts with Club: Jovial Jester Hats<br/> 2:30 Sip and Taste<br/> 3:00 Midweek Worship Service<br/> 4:30 Dinner<br/> 5:00 Retro Radio<br/> 7:00 Evening Wind Down </div>                           | <div>20</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Easy Arm Exercises<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Easy Does It Trivia<br/> 2:30 Memory Café<br/> 3:00 Balloon Volleyball League<br/> 4:30 Dinner<br/> 5:00 Relaxing Reading<br/> 7:00 Evening Wind Down </div>                    | <div>21</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Choose Your Own Exercise<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Mardi Gras Puppy Chow<br/> 2:30 Hydration Station<br/> 3:00 Movement to Music<br/> 4:30 Dinner<br/> 5:00 Cute and Cuddly Animals<br/> 7:00 Evening Wind Down </div>        |
| <div>22</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:45 Sunday Service Televised:<br/> Grand Point Church<br/> 10:30 Chair Yoga<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Winter Olympics Closing Ceremony<br/> Social<br/> 2:30 Sunday Afternoon Hot Cocoa<br/> 3:00 Worship Service<br/> 4:30 Dinner<br/> 5:00 Cozy Conversations<br/> 7:00 Evening Wind Down </div> | <div>23</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Lots o' Leg Exercise<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 February Book Club:<br/> A Rocky Senior Year<br/> 2:30 Memory Café<br/> 3:00 Meaningful Moments<br/> 4:30 Dinner<br/> 5:00 Classic TV<br/> 7:00 Evening Wind Down </div>    | <div>24</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Power Hour in the Exercise Room<br/> 10:00 Ab-solutely Solid Core Workout<br/> 10:30 Shake and Shimmy Music Therapy<br/> 11:30 Lunch<br/> 1:30 Craft with Club: Hollywood Walk of<br/> Fame Stars<br/> 2:30 Twinkling Treats<br/> 3:00 Balloon Word Game<br/> 4:30 Dinner<br/> 5:00 International Adventures<br/> 7:00 Evening Wind Down </div>   | <div>25</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Stretch Away the Stress<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Day Excursion: Big Oak Café<br/> 2:00 Helping Hands: Talent Show Prep<br/> 3:00 Providence Place Second Annual<br/> Talent Show<br/> 4:30 Dinner<br/> 5:00 Calming Nature Livestreams<br/> 7:00 Evening Wind Down </div>                                  | <div>26</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Power Hour in the Exercise Room<br/> 10:00 Mobility in Motion<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Cooking with Club: Cinnamon Sugar<br/> Pull Apart Loaf<br/> 2:30 Pull Apart Puff Party<br/> 3:00 Midweek Worship Service<br/> 4:30 Dinner<br/> 5:00 Retro Radio<br/> 7:00 Evening Wind Down </div> | <div>27</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Easy Arm Exercises<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Blissful Reminisce: A Day at the Salon<br/> 2:30 Memory Café<br/> 3:00 Balloon Volleyball League<br/> 4:30 Dinner<br/> 5:00 Relaxing Reading<br/> 7:00 Evening Wind Down </div> | <div>28</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Choose Your Own Exercise<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Glitz and Glamour Photoshoot<br/> 2:30 Hydration Station<br/> 3:00 Movement to Music<br/> 4:30 Dinner<br/> 5:00 Cute and Cuddly Animals<br/> 7:00 Evening Wind Down </div> |
| <div>29</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:45 Sunday Service Televised:<br/> Grand Point Church<br/> 10:30 Chair Yoga<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Finish the Song Lyric<br/> 2:30 Sunday Afternoon Hot Cocoa<br/> 3:00 Worship Service<br/> 4:30 Dinner<br/> 5:00 Cozy Conversations<br/> 7:00 Evening Wind Down </div>                        | <div>30</div> <div> 6:00 Activities of Daily Living<br/> 8:00 Breakfast<br/> 9:30 Morning Meet Up:<br/> Daily Chronicle and Devotional<br/> 10:00 Lots o' Leg Exercise<br/> 10:30 Mid-Morning Mind Crunch<br/> 11:00 Discussing the Day Ahead<br/> 11:30 Lunch<br/> 1:30 Chair Yoga Bingo<br/> 2:30 Memory Café<br/> 3:00 Sunshine Club<br/> 4:30 Dinner<br/> 5:00 Classic TV<br/> 7:00 Evening Wind Down </div>                                     | <div> <div> <div>CONNECTIONS</div> <div>  </div> <div>FEBRUARY 2026</div> </div> </div>  |   |  |  |   |