

Chambersburg

CONNECTIONS



FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Groundhog Ate My Garden Game 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	1 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Groundhog Day Giant Word Find 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Craft with Club: Groundhog's Shadow 2:30 Refreshments with Friends 3:00 Balloon Baseball 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: McDonald's 2:00 Docu-Dive: Impressive Snow Sculptures with Snowball Snacks 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: Edible Groundhog 2:30 Borrow Bites Bash 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	5 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Winter Olympics Opening Ceremony Celebration 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6 7 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Begins With... 2:00 Piano Playing with Bryan Herber 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 The Tailgate Takeover 2:00 Puppy Bowl 2026 Watch Party 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	8 9 10 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Olympic Torch Musical Relay 2:30 Memory Café 3:00 Meaningful Moments 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	9 10 11 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Craft with Club: Watercolor Conversation Hearts 2:30 Hydration Station: Love Potion No. 9 3:00 Seated Soccer 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	10 11 12 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: Mikie's of Greencastle 2:00 Cards and Hugs: Card Exchange 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 6:00 Dementia Care Partner Support Group 7:00 Evening Wind Down	11 12 13 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: Valentine's Day 2:30 Cooking with Club: Sweet Strawberry and Cocoa Whip 2:30 Cupid's Cocoa Party 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	12 13 14 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: Valentine's Day and Chocolate Tasting 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	13 14 Valentine's Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	15	16	17	18	19	20
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Sit and Be Fit : Winter Edition 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 First Ladies... Who Am I? 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Hydration Station: Mardi Gras Hurricane Mocktail 2:30 Bayou Breeze Bash 3:00 Mardi Gras Madness Art Hour 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Sensory Exploration: Funfetti Dough 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Easy Does It Trivia 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Mardi Gras Puppy Chow 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	21
		President's Day	Fat Tuesday/Mardi Gras	Ash Wednesday		
	22	23	24	25	26	27
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Winter Olympics Closing Ceremony Social 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 February Book Club: A Rocky Senior Year 2:30 Memory Café 3:00 Meaningful Moments 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Craft with Club: Hollywood Walk of Fame Stars 2:30 Twinkling Treats 3:00 Balloon Word Game 4:30 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: Big Oak Café 2:00 Helping Hands: Talent Show Prep 3:00 Providence Place Second Annual Talent Show 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Blissful Reminisce: A Day at the Salon 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Glitz and Glamour Photoshoot 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	28
	29	30				
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Finish the Song Lyric 2:30 Sunday Afternoon Hot Cocoa 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Chair Yoga Bingo 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down					

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