


Dover

CONNECTIONS



FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion & Desserts with Club (AR) 12:00 Lunch 1:45 Sunday Service with Chaplain (AR) 2:00 Mid Afternoon Stretches 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores	2 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Ground Hog Watch Party 10:00 Bingo (AR) 12:00 Lunch 1:15 Valentine's Craft with Club (AR) 2:00 Bible Study with Chaplain (AR) 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 Team Challenges 5:00 Dinner 5:00 McDonald's Dinner with Friends 6:30 Calming Nature Sounds	3 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Baking with Friends (AR) 12:00 Lunch 1:15 Warm Winter Tea and Tips with Club (AR) 2:30 Crafty Creations (AR) 3:00 Hydration & Snack 3:30 Color Me Calm (AR) 4:00 Volleyball 5:00 Dinner 6:30 Hand massages	4 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Donuts and Reminisce with Club (AR) 12:00 Lunch 1:15 Memory Magic (AR) 2:30 Mid-week Service Chaplain Shawn (AR) 3:00 Hydration & Snack 3:30 Football Party Prep (AR) 5:00 Dinner 6:30 Relax & Recoup by the Fire	5 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Worship sing a long 10:00 Wooden Heart Craft (AR) 12:00 Lunch 1:15 Football Prep (AR) 2:15 Hymns & Devotions with Chaplain Shawn (AR) 3:00 Football Party 5:00 Dinner 6:30 Family Game Night	6 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Morning Devotion with Hope 12:00 Lunch 1:15 Giant Cup Pong Toss (AR) 2:00 Parachute Games (AR) 3:00 Hydration & Snack 3:30 Ball Toss: Discussion Starters 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night	7 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Valentine's Craft (AR) 12:00 Lunch 1:15 Compliment Circle with Staff and Family (DR) 2:00-3 Pm Bingo with Staff 3:30 Hydration & Snack 4:00 Music from the 50's 5:00 Dinner 6:30 Relaxation Sounds
8 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion & Sticky Buns with Club (AR) 12:00 Lunch 1:45 Sunday Service with Chaplain (AR) 2:00 Root Beer Float Social 2:30 Sunday Just Dance Party 3:30 Hydration & Snack 4:00 Reminiscing 5:00 Dinner 6:30 Super Bowl Sunday	9 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy 12:00 Lunch 1:15 No name game with Club (AR) 2:00 Bible Study with Chaplain (AR) 2:30 Men's Club with Chaplain (AR) 3:00 Jay Smar Entertainment 3:30 Story Circle 5:00 Dinner 6:30 Calming Nature Sounds	10 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Valentines Game (AR) 12:00 Lunch 1:15 Cookie Baking with Club (AR) 2:30 Valentines Photo Shoot 3:00 Hydration & Snack 3:30 Color Me Calm (AR) 4:00 Name that Tune 5:00 Dinner 6:30 Hand massages	11 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Worship 10:00 Cookie Class with Eve 12:00 Lunch 1:15 Chef Demo! (AR) 2:30 Mid-week Service Chaplain Shawn (AR) 3:00 Valentine's Party (AR) 5:00 Dinner 6:30 Relax & Recoup by the Fire	12 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Fit To The Core Club 10:00 Morning Devotion with Hope 12:00 Lunch 1:15 Bean Bag Toss 2:15 Hymns & Devotions with Chaplain Shawn (AR) 3:00 Afternoon Coffee Break 3:30 Afternoon Musical 5:00 Dinner 6:30 Family Game Night	13 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Heart Craft (AR) 12:00 Lunch 1:15 Mini Golfing 2:00 Trivia Time (AR) 3:00 Hydration & Snack 3:30 Ball Toss (AR) 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night	14 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Morning Devotional 12:00 Lunch 1:15 I Should Have Known That (AR) 2:00 Polished Perfections 3:00 Hydration & Snack 3:30 Musical Entertainment by Michelle Jameson 5:00 Dinner 6:30 Relaxation Sounds Valentine's Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>15</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Hymn Sign a long 10:00 Discussion & Desserts with Club (AR) 12:00 Lunch 1:45 Sunday Service with Chaplain (AR) 2:00 Baking with Friends 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores </div>	<div>16</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy 12:00 Lunch 1:15 Bowling with Club (AR) 2:00 Bible Study with Chaplain (AR) 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 Mardi Gras Crafts (AR) 5:00 Dinner — Pizza Party 6:30 Calming Nature Sounds </div> <div>President's Day</div>	<div>17</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Baking for Mardi Gras Social 12:00 Lunch 1:15 Connecting with Club – Mardi Gras Party (AR) 3:00 Hydration & Snack 3:30 Color Me Calm (AR) 4:00 Name that Tune 5:00 Dinner 6:30 Hand massages </div> <div>Fat Tuesday/Mardi Gras</div>	<div>18</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Donuts and Reminisce with Club (AR) 12:00 Lunch 1:15 Memory Magic (AR) 2:30 Mid-week Service Chaplain 3:00 Hydration & Snack 3:30 Noodle Ball 4:00 Ball Toss: Discussion Starters 5:00 Dinner 6:30 Relax & Recoup by the Fire </div> <div>Ash Wednesday</div>	<div>19</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Fit To The Core Club 10:00 Crafty Corner 12:00 Lunch 1:15 Choc Mint pudding Tasting 2:15 Hymns & Devotions with Chaplain Shawn (AR) 3:00 Hydration & Snack 3:30 Basketball 5:00 Dinner 6:30 Family Game Night </div>	<div>20</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Nail Spa 12:00 Lunch 1:15 Ladder Ball 2:00 Balloon Volleyball 3:00 Hydration & Snack 3:30 First to Worst 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night </div>	<div>21</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Line Dance Class with Staff 12:00 Lunch 1:15 Tom and Randy Entertainment 2:15-315 Pm Bingo with Staff and Family (DR) 3:30 Hydration & Snack 4:00 Music from the 70s 5:00 Dinner 6:30 Relaxation Sounds </div>
<div>22</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion & Desserts with Club (AR) 12:00 Lunch 1:45 Sunday Service with Chaplain (AR) 2:00 Mid Afternoon Stretches 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner </div>	<div>23</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy 12:00 Lunch 1:15 Bingo with Bob and Club (AR) 2:00 Bible Study with Chaplain (AR) 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 3:30 1 on 1 chats 5:00 Dinner 6:30 Calming Nature Sounds </div>	<div>24</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Worship and Prayer 10:00 Baking with Hope – Banana Bread (AR) 12:00 Lunch 1:15 Canvas Creations with Club (AR) 2:30 Crafty Creations (AR) 3:00 Hydration & Snack 3:30 Target Practice: Nerf Gun (AR) 4:00 Color Me Calm (AR) 5:00 Dinner </div>	<div>25</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Donuts and Reminisce with Club (AR) 12:00 Lunch 1:15 Memory Magic (AR) 2:30 Mid-week Service Chaplain Shawn (AR) 3:00 Monthly Birthday Celebration 4:00 I Should Have Known That 5:00 Dinner 6:30 Relax & Recoup by the Fire </div>	<div>26</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Fit To The Core Club 11:00 Bowling outing 12:00 Lunch 1:15 Trivia 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Hydration & Snack 3:30 Corn Hole 4:00 Brain Games: Riddle Me This 5:00 Dinner 6:30 Family Game Night </div>	<div>27</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Crafty Corner (AR) 12:00 Lunch 1:15 Giant Cup Pong Toss (AR) 2:00 Friday Afternoon Movies at the Movies 3:00 Hydration & Snack 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night </div>	<div>28</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Brain Games 12:00 Lunch 1:15 Jump Shots 2:00 Jeopardy 3:00 Hydration & Snack 3:30 Story Circle 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night </div>
<div>29</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Hymn Sign a long 10:00 Discussion & Desserts with Club (AR) 12:00 Lunch 1:45 Sunday Service with Chaplain (AR) 2:00 Ice Cream Social 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores </div>	<div>30</div> <div> 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy 12:00 Lunch 1:15 Connecting with Club (AR) 2:00 Bible Study with Chaplain (AR) 2:30 Men's Club with Chaplain 3:00 Hydration & Snack 4:00 dinner prep 5:00 Dinner - Spaghetti & Meatballs </div>	<div> <div> <div>CONNECTIONS</div> <div>  </div> <div>FEBRUARY 2026</div> </div> </div> <div>Events & Programs are Subject to Change</div>				