




CONNECTIONS



MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Hymn Sign a long 10:00 Discussion & Desserts with Club (act) 12:00 Lunch 1:45 Sunday Service with Chaplain 2:30 Brain Games (LR) 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores</p>	<p>2</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Monday moves (LR) 10:00 Bingo (Act) 12:00 Lunch 1:15 Crafty corner with Club (Act) 2:00 Bible Study with Chaplain (Act) 2:30 Men’s Club with Chaplain (Act) 3:00 Hydration & Snack 3:30 Games of choice (act) 5:00 Dinner</p>	<p>3</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Baking with Friends (act) 12:00 Lunch 1:15 80s social– booze and tattoos with Club (Act) 2:30 Relaxing Nature Sounds (LR) 3:00 Hydration & Snack 3:30 Color Me Calm (Act) 4:00 Volleyball (LR) 5:00 Dinner 6:30 Hand massages</p>	<p>4</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Donuts and Reminisce with Club (act) 12:00 Lunch 1:15 Memory Magic (Act) 2:30 Mid-week Service Chaplain Shawn (act) 3:00 Hydration & Snack 3:30 Parachute Games (Act) 5:00 Dinner 6:30 Relax & Recoup by the Fire</p>	<p>5</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:45 Morning Worship 10:00 Giant Cup Pong Toss (Act) 11:00 HERSHEY outing 12:00 Lunch 1:15 Just Dance (act) 2:30 Hymns & Devotions with Chaplain Shawn (Act) 3:00 1 on 1 Chats 5:00 Dinner 6:30 Family Game Night</p>	<p>6</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Morning Devotion with Hope 12:00 Lunch 1:15 Large Games (act) 2:00 Physical Fun (act) 3:00 Hydration & Snack 3:30 Baking and Trivia (act) 5:00 Dinner 6:30 Friday Cinema Night</p>	<p>7</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Games with Friends (act) 12:00 Lunch 1:15 Calming Sounds by fire (Lr) 2:00-3 Pm Bingo with Staff and Family (DR) 3:30 Hydration & Snack 4:00 Love Songs from the 60s (LR) 5:00 Dinner 6:30 Relaxation Sounds</p>
<p>8</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion & Desserts with Club (act) 12:00 Lunch 1:45 Sunday Service with Chaplain 2:00 Mid Afternoon Stretches (act) 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner</p>	<p>9</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy 12:00 Lunch 1:15 Decorate Egg Box with Club (act) 2:00 Bible Study with Chaplain (act) 2:30 Men’s Club with Chaplain (act) 3:30 Story Time (act) 5:00 Dinner 6:30 Calming Nature Sounds</p>	<p>10</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Cookie Baking Prep (act) 12:00 Lunch 1:15 Egg-cellent experiment with Club (Act) 2:00 Musical Entertainment 2:30 Giant Cup Pong Toss (Act) 3:00 Hydration & Snack 3:30 Bingo (act) 5:00 Dinner 6:30 Movie Night</p>	<p>11</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Cookie Confections with Club (act) 12:00 Lunch 1:15 Chef Demo (act) 2:30 Mid-week Service Chaplain Shawn (act) 3:00 Hydration & Snack 3:30 Bean Bag Toss (act) 5:00 Dinner 6:30 Relax & Recoup by the Fire</p>	<p>12</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:45 Morning Moves 10:00 Brain Games (LR) 12:00 Lunch 1:15 Arm Chair Traveler– Maui (act) 2:30 Hymns & Devotions with Chaplain Shawn (Act) 3:00 Bird Watching Gang (act) 5:00 Dinner 6:30 Family Game Night</p>	<p>13</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Morning Sing a long (LR) 12:00 Lunch 1:15 Eagle Watch Live 2:00 Shamrock Decorating (act) 3:00 Hydration & Snack 3:30 Calming Sounds and Elvis Prep 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night</p>	<p>14</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Song Trivia (LR) 12:00 Lunch 1:15 St. Patrick’s Craft (act) 3:00 Hydration and snack (act) 3:30 Michelle J– music (LR) 4:00 Coffee and Chat 5:00 Dinner 6:30 Relaxation Sounds</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Hymn Sign a long 10:00 Discussion & Desserts with Club (act) 12:00 Lunch 1:45 Sunday Service with Chaplain 2:30 Brain Games (act) 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner 6:30 Household Chores</p>	<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy (LR) 12:00 Lunch 1:15 Green Treat Baking with Club (act) 2:00 Bible Study with Chaplain(act) 2:30 Men's Club with Chaplain(act) 3:00 Hydration and Snack 3:30 Shamrock prep (act) 5:00 Dinner 6:30 Calming Nature Sounds</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Brain Games (LR) 12:00 Lunch 1:15 St Patrick's Day Social with Club (Act) 2:30 Shamrock Hunt 3:00 Hydration & Snack 3:30 Luck of the Irish movie (LR) 4:00 Volleyball (Lr) 5:00 Dinner 6:30 Hand massages St. Patrick's Day</p>	<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Donuts and Reminisce with Club (act) 12:00 Lunch 1:15 Bird Watching (LR) 1:45 Connections Awards (LR) 2:30 Mid-week Service Chaplain Shawn (act) 3:00 Hydration & Snack 3:30 Games of choice 5:00 Dinner</p>	<p>19</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 10:00 Yogurt Bar 12:00 Lunch 1:15 Easter Card Making (act) 2:30 Hymns & Devotions with Chaplain Shawn (Act) 3:00 Planting Prep– Garden Club 5:00 Dinner 6:30 Family Game Night</p>	<p>20</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Morning Devotions (LR) 12:00 Lunch 1:15 Cornhole (Act) 2:00 Beanbag Toss (Act) 3:00 Hydration & Snack 3:30 70's music Fun (LR) 4:00 1 on 1 Chats 5:00 Dinner 6:30 Friday Cinema Night</p>	<p>21</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Games with Friends (act) 12:00 Lunch 1:15 Tom and Randi Entertainment (LR) 2:00-3 Pm Bingo with Staff and Family (DR) 3:30 Hydration & Snack 4:00 Game shows 5:00 Dinner</p>	
<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Church Live Service 10:00 Discussion & Desserts with Club (act) 12:00 Lunch 1:45 Sunday Service with Chaplain (act) 2:00 Mid Afternoon Stretches (act) 3:00 Hydration & Snack 3:30 Color Me Calm 4:00 Reminiscing 5:00 Dinner</p>	<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy (LR) 12:00 Lunch 1:15 Bingo with Bob and Club (act) 2:00 Bible Study with Chaplain(act) 2:30 Men's Club with Chaplain(act) 3:00 Garden Club-planting 5:00 Dinner 6:30 Calming Nature Sounds</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Easter Hymn Sing (LR) 12:00 Lunch 1:15 Easter Craft with Club (Act) 2:30 Card Games (Act) 3:00 Hydration & Snack 3:30 Luck of the Irish movie (LR) 5:00 Dinner 6:30 Hand massages</p>	<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Mid-Week Workout 10:00 Donuts and Reminisce with Club (act) 12:00 Lunch 1:15 Fill Easter Eggs (Act) 2:30 Mid-week Service Chaplain Shawn (act) 3:00 Hydration & Snack 3:30 Physical Fitness (act) 5:00 Dinner 6:30 Relax & Recoup by the Fire</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:45 Morning Moves 10:00 Happy News Around the World (LR) 11:30 Pizza Lunch out– with club 12:00 Lunch 1:15 Easter Prep (act) 2:30 Hymns & Devotions with Chaplain Shawn (Act) 3:00 Hydration and Snack 5:00 Dinner</p>	<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Friday Fitness Class 10:00 Higher or lower Game (LR) 12:00 Lunch 1:15 Name that sound (LR) 2:00 Afternoon Movie: Mary P. (LR) 3:00 Snacks at the movies (LR) 4:00 Beach Volleyball (LR) 5:00 Dinner 6:30 Friday Cinema Night</p>	<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Weekend Warriors Workout 10:00 Morning Devotions (act) 10:30 Bible Trivia (act) 12:00 Lunch 1:15 60s Sing a long (LR) 2:00 Community Egg Hunt 3:00 Afternoon Musical (LR) 4:00 Hydration and snack 5:00 Dinner 6:30 Relaxation Sounds</p>	
<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Morning Hymn Sign a long (LR) 10:00 Discussion & Desserts with Club (act) 12:00 Lunch 1:45 Sunday Service with Chaplain 2:30 Brain Games (act) 3:00 Hydration & Snack 3:30 Color Me Calm (act) 4:00 Reminiscing 5:00 Dinner Palm Sunday</p>	<p>30</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Monday Muscle Club 10:50 York Music Therapy (act) 12:00 Lunch 1:15 Bake with Theo and Club (act) 2:00 Bible Study with Chaplain(act) 2:30 Men's Club with Chaplain(act) 3:00 Hydration and Snack 3:30 Ball Toss (act) 5:00 Dinner 6:30 Calming Nature Sounds</p>	<p>31</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso & Daily News 9:30 Toned Tuesday Workout 10:00 Morning Make overs 12:00 Lunch 1:15 Bible Study with Hope and Club (Act) 2:30 Compliment Circle (act) 3:00 Hydration & Snack 3:30 Garden Club Fun 4:00 Bird Watching Gang (act) 5:00 Dinner 6:30 Hand massages</p>	<h1>CONNECTIONS</h1>  <h1>MARCH 2026</h1>				