

De-stress by Letting Go of the Mess!

While March is notable for some exciting holidays, it also brings a whole new twist to spring-cleaning on March 2nd with “**Old Stuff Day!**” Maybe you have some *old stuff* lying around you’re finally ready to part with? You can give those forgotten items new life, declutter (*de-stress*), and donate to those less fortunate all in one fell swoop!

Check out the resources below to donate new or gently used goods in central and southern PA. Be sure to call ahead or visit the company website for a list of acceptable items.

<u>PICK-UP AVAILABLE</u>	<u>DROP-OFF</u>
GreenDrop gogreendrop.com	CommunityAid communityaid.org
Salvation Army * salvationarmyusa.org	Goodwill * yourgoodwill.org
	<i>*may require a fee for pick up</i>

Resident Birthdays

March

2 - Henry Felker
 10 - Sue Gelwicks
 15 - Angelo Garifallou
 16 - Annemarie Jarden
 25 - Florence Hofmann
 28 - Elizabeth McGowan

Get in Touch...

Community:
 (610) 222-5007

Assisted Living Nursing:
 (717) 574-5223

Memory Care Nursing:
 (445) 210-4318



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q1: March 2026

A Note from the Executive Director

February was a busy month filled with our Senior Olympic events, groundhog predictions, Mardi Gras celebrations, Valentine’s Day and President’s Day. It has been great to see more resident engagement in all of these fun events.

As you walk around the community, you will also see many residents who gladly wear or display the medals they received during our Olympic competitions. It is great to see the sense of pride they take in the events. I look forward to seeing the continued interest in community events and as always, we appreciate the feedback on what you want to see included with our Community Life programs.

The Community Life team meets monthly to coordinate the events and create the active calendars and programs that we participate in each month. Join us this month on 3/5 at 2:30 p.m. for the conversation.

As always, be sure to pick up your weekly activity guide and stay involved, including our **Community Easter Egg Hunt and Connections Sunday Brunch on 3/22**. Family and friends are welcome! Please RSVP to reception to join your loved ones.

Best,

Kellee Silhan
 Executive Director

Highlighted Events

- 9 - **EdU Presentation:** Common Frauds with LPPD @ 1:30pm
- 14 - **Oscar Award Party** @ 3:30pm
- 15 - **AMA Irish Dance Performance** @ 3:30pm
- 17 - **Shamrock Shake Social** @ 3:30pm
- 18 - **EdU Musical Entertainment:** Irish Music Old + New with Jay Smar @ 3:30pm
- 22 - **Community Easter Egg Hunt** @ 10am - *Family & Friends welcome!*
- 22 - **Connections Sunday Brunch** @ 10:30a - 1:00p
Please call reception for reservations!

Welcome New Residents

Louis Caccamo
 Patricia Ciaccio
 Todd Santee
 Nelda Phillips
 Dee Grasmick
 Louis Grasmick
 Christine DelPaggio
 Angelo Garlifallou

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Tea Social (CR) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Crafty Crew: Creating Seasonal Decorations for Bulletin Boards (CR) 3:30 Helping Hands: Tidying Up Community Room (CR) 6:00 Board Games (P)	2 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Card Club: UNO (CR) 10:30 Word Search Puzzle Races (P) 1:30 Comfort Canine Visit with Cash (CR) 2:30 Mindful Moments (CR) 3:30 Crafty Crew: Jewelry Making (CR) 6:00 Shuffleboard (AR)	3 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Alphabet Around the World (CR) 10:30 Game Club: Categories (CR) 1:30 Prize Bingo (C) 2:30 Perennial Posse Garden Club (AR) 3:00 Catholic Mass with St. Eleanor's (T) 3:30 S.T.I.R - Socialize, Talk, Interact, Remember (AR) 6:00 Card Club (P)	4 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 10:30 Talk & Toss Ball (CR) 1:30 Crafty Crew: Shamrock Paintings (AR) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Monthly Club Plan Ahead Meeting (CR) 6:00 Independent Games (P)	5 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 10:30 Fact or Fiction? (CR) 1:30 Game Club: Pokeno (CR) 2:30 Drumming Circle (C) 3:30 Cheers & Chuckles (AR) 6:00 Nickle Bingo with Marlene \$\$ (AR)	6 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In The News with Jess (CR) 10:30 Helping Hands: Folding Towels (CR) 1:30 Game Club: UNO (CR) 2:30 Name That Tune (CR) 3:30 Entertainment Featuring Sunset Skye (P) 6:00 Resident Led Rummy 500 (P)	7 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (AR) 10:30 Name That Tune (CR) 1:30 Candy Bingo (AR) 2:30 Showtime Social: AFV (CR) 3:30 Walk & Stroll Mail Check (L) 6:00 Resident Run Board Games (P)		
8 Daylight Savings 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Tea Social (CR) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Indoor Miniature Golf (CR) 3:30 Helping Hands: Tidying Up Community Room (CR) 6:00 Board Games (P)	9 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Card Club: UNO (CR) 10:30 Word Search Puzzle Races (P) 1:30 Ed-U: <i>Fraud Tactics</i> Presentation by Lower Providence Police Dept. (CR) 2:30 Mindful Moments (CR) 3:30 Crafty Crew: Jewelry Making (CR) 6:00 Shuffleboard (AR)	10 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Alphabet Around the World (CR) 10:30 Game Club: Categories (CR) 1:30 Prize Bingo (C) 2:30 Perennial Posse Garden Club (AR) 3:30 S.T.I.R - Socialize, Talk, Interact, Remember (AR) 6:00 Card Club (2nd Floor)	11 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 10:30 Club Outing: Educational Excursion to the Berman Museum (OOB) 1:30 Crafty Crew: Beaded Shamrocks (AR) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Helping Hands: Monthly Fish Tank Maintenance (CR) 6:00 Making St. Patty's Day Bracelets (AR)	12 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 10:30 Fact or Fiction? (CR) 1:30 Game Club: Pokeno (CR) 2:30 Kitchen Helpers: Blueberry Muffins (C) 3:30 Cheers & Chuckles (AR) 6:00 Nickle Bingo with Marlene \$\$ (AR)	13 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 The March Gazette (CR) 10:30 Helping Hands: Folding Towels (CR) 1:30 Game Club: UNO (CR) 2:30 Name That Tune (CR) 3:30 Entertainment Featuring Ken Pierson (P) 6:00 Resident Led Rummikub (P)	14 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In The News with Jess (CR) 10:30 Name That Tune (CR) 1:30 Candy Bingo (AR) 2:30 Showtime Social: <i>Planet Earth</i> - Episode 1 (CR) 3:30 Walk & Stroll Mail Check (L) 6:00 Resident Run Board Games (P)		
15 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Tea Social (CR) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Worship Service with Evansburg Church (CR) 2:30 Indoor Miniature Golf (CR) 3:30 Helping Hands: Tidying Up Community Room (CR) 4:00 AMA Irish Dance Performers (P) 6:00 The Oscars (P)	16 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Card Club: UNO (CR) 10:30 Word Search Puzzle Races (P) 1:30 Comfort Canine Visit with Cash (CR) 2:30 Mindful Moments (CR) 3:30 Crafty Crew: Jewelry Making (CR) 6:00 Shuffleboard (AR)	17 St. Patrick's Day 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Alphabet Around the World (CR) 10:30 Game Club: Categories (CR) 1:30 St. Patty's Day Prize Bingo (C) 2:30 Perennial Posse Garden Club (AR) 3:30 Shamrock Shake Social (CR) 6:00 Card Club (P)	18 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 10:30 Club Dine In: Resident Choice (CR) 1:30 Monthly Fish Tank Maintenance (CR) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Ed-U: Irish Music Old & New with Jay Smar (P) 6:00 Guinness Chocolate Cake Social (P)	19 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 10:30 Fact or Fiction? (CR) 1:30 Community Meeting with Kellee (CR) 2:30 Game Club: Pokeno (CR) 2:30 Drumming Circle (C) 3:30 Cheers & Chuckles (AR) 6:00 Nickle Bingo with Marlene \$\$ (AR)	20 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In The News with Jess (CR) 10:30 Helping Hands: Folding Towels (CR) 1:30 Game Club: UNO (CR) 2:30 Name That Tune (CR) 3:30 Entertainment Featuring Carmen (P) 6:00 Resident Led Yahtzee (P)	21 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (AR) 10:30 Name That Tune (CR) 1:30 Candy Bingo (AR) 2:30 Showtime Social: <i>Cheaper by the Dozen</i> (CR) 3:30 Walk & Stroll Mail Check (L) 6:00 Resident Run Board Games (P)		
22 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Tea Social (CR) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Indoor Miniature Golf (CR) 3:30 Helping Hands: Tidying Up Community Room (CR) 6:00 Board Games (P)	23 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Card Club: UNO (CR) 10:30 Word Search Puzzle Races (P) 1:30 Comfort Canine Visit with Cash (CR) 2:30 Mindful Moments (CR) 3:30 Crafty Crew: Jewelry Making (CR) 6:00 Shuffleboard (AR)	24 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Alphabet Around the World (CR) 10:30 Game Club: Categories (CR) 1:30 Prize Bingo (C) 2:30 Perennial Posse Garden Club (AR) 3:30 S.T.I.R - Socialize, Talk, Interact, Remember (AR) 6:00 Rummy 500 (P)	25 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 10:30 Talk & Toss Ball (CR) 1:30 Club Outing: Walmart Shopping Trip (OOB) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Guess the Potato Chip Flavor (AR) 6:00 Gem's Club with Marisa (AR)	26 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 10:30 Fact or Fiction? (CR) 1:30 Game Club: Pokeno (CR) 2:30 Kitchen Helpers: Brownies (C) 3:30 Cheers & Chuckles (AR) 6:00 Nickle Bingo with Marlene \$\$ (AR)	27 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 March IQ (CR) 10:30 Helping Hands: Folding Towels (CR) 1:30 Game Club: UNO (CR) 2:30 Name That Tune (CR) 3:30 Entertainment Featuring Bob Hamel (P) 6:00 Resident Led Dominoes (P)	28 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In The News with Jess (CR) 10:30 Name That Tune (CR) 1:30 Candy Bingo (AR) 2:30 Showtime Social: <i>Planet Earth</i> - Episode 2 (CR) 3:30 Walk & Stroll Mail Check (L) 6:00 Resident Run Board Games (P)		
29 Palm Sunday 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Tea Social (CR) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Crafty Crew: Creating Decorations for Bulletin Board (CR) 3:30 Helping Hands: Tidying Up Community Room (CR) 6:00 Board Games (P)	30 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Card Club: UNO (CR) 10:30 Word Search Puzzle Races (P) 1:30 Comfort Canine Visit with Cash (CR) 2:30 Mindful Moments (CR) 3:30 Crafty Crew: Jewelry Making (CR) 6:00 Shuffleboard (AR)	31 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Alphabet Around the World (CR) 10:30 Game Club: Categories (CR) 1:30 Prize Bingo (C) 2:30 Perennial Posse Garden Club (AR) 3:30 S.T.I.R - Socialize, Talk, Interact, Remember (AR) 6:00 UNO (P)	<p>THE</p> 			<p>Calendar Key: ** Registration Required \$\$ Cost Involved (AR) Activity Room (BP) Back Porch (C) Connections (CR) Community Room (L) Library (OOB) Out of Building (P) Pub (T) Theater</p>		<p>March 2026</p>