

De-stress by Letting Go of the Mess!

While March is notable for some exciting holidays, it also brings a whole new twist to spring-cleaning on March 2nd with “**Old Stuff Day!**” Maybe you have some *old stuff* lying around you’re finally ready to part with? You can give those forgotten items new life, declutter (*de-stress*), and donate to those less fortunate all in one fell swoop!

Check out the resources below to donate new or gently used goods in central and southern PA. Be sure to call ahead or visit the company website for a list of acceptable items.

<u>PICK-UP AVAILABLE</u>	<u>DROP-OFF</u>
GreenDrop gogreendrop.com	CommunityAid communityaid.org
Salvation Army * salvationarmyusa.org	Goodwill * yourgoodwill.org
	<i>*may require a fee for pick up</i>

Resident Birthdays

March

2 - Henry Felker
 10 - Sue Gelwicks
 15 - Angelo Garifallou
 16 - Annemarie Jarden
 25 - Florence Hofmann
 28 - Elizabeth McGowan

Get in Touch...

Community:
 (610) 222-5007

Assisted Living Nursing:
 (717) 574-5223

Memory Care Nursing:
 (445) 210-4318



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Providence Place

SENIOR LIVING

News

Q1: March 2026

A Note from the Executive Director

February was a busy month filled with our Senior Olympic events, groundhog predictions, Mardi Gras celebrations, Valentine’s Day and President’s Day. It has been great to see more resident engagement in all of these fun events.

As you walk around the community, you will also see many residents who gladly wear or display the medals they received during our Olympic competitions. It is great to see the sense of pride they take in the events. I look forward to seeing the continued interest in community events and as always, we appreciate the feedback on what you want to see included with our Community Life programs.

The Community Life team meets monthly to coordinate the events and create the active calendars and programs that we participate in each month. Join us this month on 3/5 at 2:30 p.m. for the conversation.

As always, be sure to pick up your weekly activity guide and stay involved, including our **Community Easter Egg Hunt and Connections Sunday Brunch on 3/22**. Family and friends are welcome! Please RSVP to reception to join your loved ones.

Best,

Kellee Silhan
 Executive Director

Highlighted Events

- 9 - **EdU Presentation:** Common Frauds with LPPD @ 1:30pm
- 14 - **Oscar Award Party** @ 3:30pm
- 15 - **AMA Irish Dance Performance** @ 3:30pm
- 17 - **Shamrock Shake Social** @ 3:30pm
- 18 - **EdU Musical Entertainment:** Irish Music Old + New with Jay Smar @ 3:30pm
- 22 - **Community Easter Egg Hunt** @ 10am - *Family & Friends welcome!*
- 22 - **Connections Sunday Brunch** @ 10:30a - 1:00p
Please call reception for reservations!

Welcome New Residents

Louis Caccamo
 Patricia Ciaccio
 Todd Santee
 Nelda Phillips
 Dee Grasmick
 Louis Grasmick
 Christine DelPaggio
 Angelo Garlifallou

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Rummikub (P) 1:30 Ecumenical Worship Service & Communion with Chaplain Nichole (CR) 2:30 Refreshments and March Trivia (P) 3:30 Green Tea and Cookie Social (P) 6:00 Board Games (P)	2 9:30 Sit and Be Fit Exercises (CR) 10:00 Knitting Club (AR) 11:00 Library Committee (L) 1:00 Comfort Caring Canine visit with Cash (P) 1:30 Bible Study with Chaplain Nichole (T) 2:30 Music & Meditation with Nadine (AR) 3:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 6:00 Shuffleboard (AR)	3 9:30 Sit and Be Fit Exercises (CR) 10:00 Shopping Trip: Worthwhile Thrift **\$\$ (OOB) 10:00 Ed-U Presentation: <i>Why do we Have Daylight Savings?</i> 1:30 Prize Bingo (AR) 2:30 Circle of Friends (AR) 3:00 Catholic Mass with St. Eleanor (CR) 3:30 Happy Hour (P) 6:00 Card Club (P)	4 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:00 National Grammar Day: Find All the Mistakes (AR) 1:30 Midweek Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 2:30 Science for Seniors: How to Turn Potato Chips into Mashed Potatoes (AR) 3:30 Comedy Hour (T) 4:00 JULIET's Dine-Out: Tortugas **\$\$ (OOB)	5 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 11:00 Destination Discovery: Belfast (T) 11:00 Dine Out: Chickie's & Pete's **\$\$ (OOB) 1:30 New Resident Orientation (P) 2:30 Community Life Meeting with Joe (CR) 3:30 Welcome New Residents Happy Hour (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	6 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 11:00 Sunshine Club: Birthday Cards (AR) 1:30 Around the World Trivia (P) 2:30 Cheese & Cracker Social (P) 3:30 Entertainment Featuring Sunset Skye (P) 6:00 Resident Led Rummy 500 (P)	7 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Marisa** (AR) 11:00 1950's Trivia (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>P.S. I Love You</i> (T) 3:30 Scrabble (2nd Floor) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)	
8 Daylight Savings 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Yahtzee (P) 1:30 Worship Service with Evansburg Church (CR) 2:30 Refreshments & Trivia (P) 3:30 Lemonade Social (P) 6:00 Board Games (P)	9 9:30 Sit and Be Fit Exercises (CR) 10:00 Knitting Club (AR) 11:00 Library Committee (L) 1:00 Comfort Caring Canine with Cash (P) 1:30 Ed-U: <i>Common Frauds & Tactics</i> by Lower Providence Police Dept. (CR) 2:30 Music & Meditation with Nadine (AR) 3:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 6:00 Shuffleboard (AR)	10 9:30 Sit and Be Fit Exercises (CR) 10:00 Shopping Trip: Redner's **\$\$ (OOB) 10:00 Ed-U Presentation: <i>The Ides of March</i> (T) 11:00 Garden Club (AR) 1:30 Prize Bingo (AR) 1:30 Rummikub (P) 2:30 Circle of Friends (CR) 3:30 Happy Hour (P) 6:00 Card Club (2nd Floor)	11 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:00 Yahtzee (P) 1:30 Mid-Week Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 2:30 Drumming Circle (P) 3:30 On-Screen Riverdance (T) 6:00 Jewelry Club: Making St. Patty's Day Bracelets (AR)	12 9:45 Catholic Communion (T) 10:00 Powerback Rehab Led Exercises (CR) 11:00 Destination Discovery: Cork (T) 11:00 Casino Trip: Valley Forge **\$\$ (OOB) 1:30 National Plant A Flower Day (AR) 2:30 Kitchen Helpers: Peach Cobbler (AR) 3:30 Happy Hour & Pet Therapy with Monty (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	13 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Marisa (T) 11:00 Sunshine Club: Get Well Cards (AR) 1:30 Sequence Game (P) 1:30 Celtic Women On-Screen (T) 2:30 Hot Chocolate Social (P) 3:30 Entertainment Featuring Ken Pierson (P) 6:00 Resident Led Rummikub (P)	14 9:30 Sit and Be Fit Exercises (CR) 10:00 Dyeing White Carnations Science Experiment (AR) 11:00 ROMEO'S Dine-Out: Nudy's Café ** (OOB) 1:30 Candy Bingo (AR) 2:30 Kitchen Helpers: Making "Pi" Day (AR) 3:30 I Except This Oscar Party (P) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)	
15 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Service with Chaplain Nichole (CR) 2:30 The Oscar's Fun Facts & Trivia (P) 3:30 Golden Oreo Social (AR) 4:00 AMA Irish Dance Performance (P) 6:00 The Oscars (P)	16 9:30 Sit and Be Fit Exercises (CR) 10:00 Knitting Club (AR) 11:00 Library Committee (L) 1:00 Comfort Caring Canine visit with Cash (P) 1:30 Bible Study with Chaplain Nichole (T) 2:30 Music & Meditation with Nadine (AR) 3:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 6:00 Shuffleboard (AR)	17 St. Patrick's Day 9:30 Sit and Be Fit Exercises (CR) 10:00 Shopping Trip: Target **\$\$ (OOB) 10:00 Ed-U Presentation: <i>St. Patrick</i> (T) 1:30 Lucky Sevens Card Game (P) 1:30 Taste the Rainbow Bingo (AR) 2:30 Circle of Friends with Marisa (CR) 3:30 Boozy Shamrock Shake Social with Irish Potatoes (P) 6:00 Card Club (P)	18 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:00 Rummikub (P) 1:30 Mid-Week Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 3:30 Ed-U Irish Music Old & New with Jay Smar (P) 4:30-6pm A Taste of Ireland (DR) 6:00 Guinness Chocolate Cake Social (P)	19 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 11:00 Destination Discovery: Dublin (T) 11:00 Dine-Out: The Library **\$\$ (OOB) 1:30 Community Meeting with Kellee (CR) 2:30 Guess the Year it Happened (P) 2:30 Racko Card Game (AR) 3:30 Happy Hour (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	20 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 11:00 Sunshine Club: Appreciation Cards (AR) 1:30 What Makes You Happy? (P) 2:30 International Day of Happiness Social (P) 3:30 Entertainment Featuring Carmen (P) 6:00 Resident Led Yahtzee (P)	21 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Marisa** (AR) 11:00 Spring Into Trivia (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>Leap Year</i> (T) 3:00 Charades (P) 3:30 Popcorn Social (P) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)	
22 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Service with Chaplain Nichole (CR) 2:30 Root Beer Float Social (P) 3:30 Corn Hole (P) 6:00 Board Games (P)	23 9:30 Sit and Be Fit Exercises (CR) 10:00 Knitting Club (AR) 11:00 Library Committee (L) 1:00 Comfort Caring Canine visit with Cash (P) 1:30 Bible Study with Chaplain Nichole (T) 2:30 Music & Meditation with Nadine (AR) 3:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 6:00 Shuffleboard (AR)	24 9:30 Sit and Be Fit Exercises (CR) 10:00 Shopping Trip: Wegman's \$\$ (OOB) 10:00 Ed-U Presentation: <i>The Blarney Stone</i> (T) 11:00 Garden Club (AR) 1:30 Prize Bingo (AR) 1:30 Sequence (P) 2:30 Circle of Friends (AR) 3:30 Happy Hour (P) 6:00 Rummy 500 (P)	25 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:00 UNO (P) 1:30 Mid-Week Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 2:30 Drumming Circle (P) 3:30 Comedy Hour (T) 6:00 Gem's Club with Marisa (AR)	26 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 11:00 Destination Discovery: Derry (T) 11:00 Dine-Out: Magerk's **\$\$ (OOB) 1:30 Comedy Hour (T) 2:30 Dining Committee & Cooking Demo with Chad (AR) 3:30 March Birthday Celebration Happy Hour (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	27 9:30 Sit and Be Fit Exercises (CR) 10:00 Easter Craft with Marisa (AR) 11:00 Sunshine Club: Easter Cards (AR) 1:30 Dying Easter Eggs (AR) 2:30 Hot Tea Social (P) 3:30 Entertainment Featuring Bob Hamel (P) 6:00 Resident Led Dominoes (P)	28 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 11:00 Word Game (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>Wicked For Good</i> (T) 3:30 Rummikub (P) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)	
29 Palm Sunday 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 1:30 Ecumenical Service with Chaplain Nichole (CR) 2:30 Making Palm Crosses (AR) 3:30 Ladderball (AR) 6:00 Board Games (P)	30 9:30 Sit and Be Fit Exercises (CR) 10:00 Knitting Club (AR) 11:00 Library Committee (L) 1:00 Comfort Caring Canine visit with Cash (P) 1:30 Bible Study with Chaplain Nichole (T) 2:30 Music & Meditation with Nadine (AR) 3:30 Bingo with Larissa (AR) 6:00 Shuffleboard (AR)	31 9:30 Sit and Be Fit Exercises (CR) 10:00 Shopping Tree: Dollar Tree \$\$ (OOB) 10:00 Ed-U Presentation: Harp Music (T) 11:00 Garden Club (AR) 1:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 1:30 Charades (P) 2:30 Circle of Friends (AR) 3:30 Happy Hour (P) 6:00 UNO (P)				Calendar Key: ** Registration Required \$\$ Cost Involved (AR) Activity Room (CR) Community Room (DR) Dining Room (L) Library (OL) Old Lobby (OOB) Out of Building (P) Pub (T) Theater	

March 2026