


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>Chambersburg</h1> <h2>CONNECTIONS </h2> <h1>MAY 2026</h1>					1	2
					6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Story in a Bag 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Guess the Letter 2:00 Piano Playing with Bryan Herber 2:30 Mother's Day Tea Party 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
3	4	5	6	7	8	9
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Color Me Calm 2:30 May Mocktails: Tropical Fizz 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: High School Graduation 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Pinata Party 2:30 Cinco De Mayo Snacks 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Mellow with Morgan 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Blowing Bubbles Day 2:00 Deck-Side Bubble Dual 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: Churro Iced Yogurt 2:30 Churro Swirl Social 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Mother's Day Shopping List 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 What's In The Purse 2:00 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
10	11	12	13	14	15	16
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 The Many Monikers of Mothers and Grandmothers 2:30 May Mocktails: Strawberry Lemonade 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down <div style="text-align: center;">Mother's Day</div>	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Name the Tempo 2:30 Memory Café 3:00 Meaningful Moments 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Crafts with Club: Wrapped Yarn Birds 2:30 Refreshments with Friends 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Sweet as Apple Pie Day 2:00 Porch-Side Apple Slices 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 6:00 Dementia Care Partner Support Group 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Hydration Station: Blossoming Lemon Mocktail 2:30 Mocktail Meadow Mixer 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Mellow with Morgan 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 May Short Story: A Surprise Before Breakfast 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Military Slang Trivia 2:00 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down <div style="text-align: center;">Armed Forces Day</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Talkin' Turtles: Turtle Trivia 2:30 May Mocktails: Peach Bellini 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down</p>	<p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Stitch Up: Card Matching Memory Game 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down</p>	<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Day Excursion: Dunkin' Run 2:00 Floral Fun Mosaics 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Mellow with Morgan 7:00 Evening Wind Down</p>	<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Make Your Own Milkshakes 2:00 Made in the Shade: Drinks on the Patio 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down</p>	<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Snacks from the Past 2:30 Senior Sayings 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down</p> <p>World Senior Citizen Day</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 A Drop in the Umbrella 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 6:00 7:00 Evening Wind Down</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 What's in a Word 2:00 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down</p>
<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Can You Picture This? 2:30 May Mocktails: Sweet and Sour Cherry Limeade 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down</p> <p>Pentecost</p>	<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Memorial Day Poppies and Popsicles 2:30 Memory Café 3:00 Meaningful Moments 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down</p> <p>Memorial Day</p>	<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Craft with Club: Color Your Coordinator Red, White, and Blue 2:30 Patio Parfaits 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down</p>	<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: Mikie's in Greencastle 2:00 Swingin' to the Oldies 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down</p>	<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: Patriotic Cheesecake Fluff 2:30 Stripes and Sweet Ice Bash 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Mellow with Morgan 7:00 Evening Wind Down</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Easy Does It Category Trivia 2:30 Memory Café 3:00 Coal Miner Music with Jay Smar 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Garden Exploration: Sensory Poems 2:00 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down</p>
<p>31</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Memory Magic 2:30 May Mocktails: Peachy Keen Iced Tea 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down</p>	<p>CONNECTIONS  MAY 2026</p>					