



Put a Little Spring in Your Step!

We are finally seeing the beautiful signs of spring, and that means getting outside to enjoy fresh air and sunshine! Spending time outdoors can positively impact your physical and mental health. Here are some ways you can enjoy these benefits:

- Walking in nature can improve short-term memory
- Simply being outdoors reduces stress/has a destressing effect
- Spending time outside reduces inflammation & helps eliminate fatigue
- Outdoor activity may help fight depression & anxiety
- Spending time outside lowers blood pressure

**Please enjoy all of our outdoor walking paths and activities.
Check your calendar for spring outings!**



Resident Birthdays

May

- 1 - Wanda Brunetti
- 1 - Roy Armstrong
- 4 - James Tagye
- 5 - Theresa Deluca-Brensinger
- 5 - Stanley Plicinski
- 12 - Lily Griffin
- 17 - Heide Richards
- 30 - Dolores Conrod
- 30 - Roberta Machese

June

- 2 - Richard Ameigh
- 5 - Helen Hanto
- 5 - Joan Vagnoni
- 13 - Antoinette Cardosi
- 17 - Thomas Curran
- 18 - Linda Conaway
- 21 - Donald Wilson

Get in Touch...

Community:
(610) 222-5007

Assisted Living Nursing:
(717) 574-5223

Memory Care Nursing:
(445) 210-4318



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q2: May 2026

A Note from the Executive Director

It is with a heavy heart that I am announcing the resignation of Ryan, our Sales Director. Ryan has been pivotal in supporting the Providence Place community, residents and families. Ryan's last day will be 5/15. The Providence Place regional sales team will support the Sales process while partnering with the Community directly.

As always, if you are a resident living in Independent Living or Assisted Living, Theresa Martin, our Director of Nursing, remains your main contact; for those living in Connections, please reach out to our Connections Director, Tania Stewart. We wish him the best in his new endeavors!

A note from Ryan, "After three and a half years, I am writing to share that I will be stepping away from my role as Director of Sales at Providence Place Senior Living of Collegeville.

It has been a privilege to work within this community and to get to know many of you over the years. I appreciate the trust you have placed in me and the opportunity to support you and your families during important transitions.

Providence Place is a special community, and I am confident it will continue to provide the care, support, and sense of community that you value. Thank you again for the opportunity to be part of your journey."

Best,


Kellee Silhan
Executive Director

Highlighted Events

- 5 - "Nacho Average" Happy Hour w/Community Fashion Show @ 3:30pm
- 6 - Intergenerational Visit & Games
Perkiomen Valley Middle School Students @ 10am
- 10 - Flowers for Mom @ 10am
Assorted Teas & Scones Social
- 14 - Resident Service Awards @ 2:30pm
- 21 - Trip to Schuylkill Valley Nature Center @ 10am
- 27 - Trip to Valley Forge Casino @ 1pm

Welcome New Residents

- Sherry Cleveland
- Adam Long
- Edward Kuljian
- Angelina Notarmaso
- Therese Campbell
- Amelia SAGRANTZ
- John Ounsworth
- Dale Snyder

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Racko Card Game (P) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Balloon Volleyball (CR) 3:30 Ice Tea Social (BP) 6:00 Resident Run Board Games (P)</p>			<p>May 2026</p>	<p>Calendar Key: ** Registration Required \$\$ Cost Involved (AR) Activity Room (BP) Back Porch (CR) Community Room (DR) Dining Room (L) Library (OL) Old Lobby (OOB) Out of Building (P) PUB (T) Theater</p>	<p>1</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Current Events with Joe (T) 1:30 Garden Club: Selecting Flowers for Front Entrance (AR) 2:30 Paint & Create Class Hosted by Lisa, Using Watercolor ** (AR) 3:30 Entertainment Featuring Sunset Skye (P) 6:00 Friday Evening Shabbat (T)</p>	<p>2</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Manicures with Marisa ** (AR) 11:00 Rummikub (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>People We Meet on Vacation</i> (T) 3:30 Scrabble (2nd Floor) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)</p>
<p>3</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 International Space Day Facts (P) 1:30 Ecumenical Worship Service & Communion with Chap. Nichole (CR) 2:30 Make-A-Word (OL) 3:30 Ice Tea Social (BP) 6:00 Board Games (P)</p>	<p>4</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Sequence Game (P) 11:00 Library Committee (L) 1:00 Comfort Caring Canine Visit with Cash (P) 1:30 Bible Study with Chaplain Nichole (T) 2:30 Music & Meditation with Nadine (CR) 3:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 6:00 Shuffleboard (AR)</p>	<p>5</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Shopping Trip: Worthwhile Thrift **\$\$ (OOB) 10:00 Ed-U: <i>Cinco de Mayo</i> (T) 1:30 Bingo Fiesta (AR) 1:30 Rummikub (P) 2:30 Circle of Friends with Chap. Nichole (T) 3:00 Catholic Mass w/St. Eleanor (CR) 3:30 Nacho Average Happy Hour with Fashion Show & Margaritas (P) 6:00 Shuffleboard (AR)</p>	<p>6</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:00 Games with P.V. Middle School Students (P) 1:30 Mid-Week Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 2:30 Walking Club (OOB) 3:30 Comedy Hour (T) 6:00 Watermelon Social with Marisa (BP)</p>	<p>7</p> <p>9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercises (CR) 11:00 Destination Discovery: Portugal (T) 11:00 Trip to Movie Tavern: <i>Devil Wears Prada 2</i> **\$\$ (OOB) 1:30 Garden Club: Planting Flowers (OOB) 1:30 New Resident Orientation w/Joe (P) 2:30 Community Life Planning Mtg. (AR) 3:30 Happy Hour (P) 6:00 Nickel Bingo \$\$ (AR)</p>	<p>8</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Sequence Game (P) 11:00 Sunshine Club: Making Cards (AR) 1:30 Dominoes (P) 2:30 Finish the Lyric (P) 3:30 Entertainment Featuring Ken Pierson (P) 6:00 Friday Evening Shabbat (T)</p>	<p>9</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Current Events with Joe (T) 11:00 Rummikub (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>I'm Still Here</i> (T) 3:30 Try to Get a Hole in One (P) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)</p>
<p>Mother's Day 10</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Flowers for Mom's Assorted Tea & Scones Social (P) 10:30 On-Screen Catholic Mass (T) 11:00 Dominoes (P) 1:30 Worship Service with Evansburg Church (CR) 2:30 Movie Matinee: <i>Monster In-Law</i> (T) 3:30 Celebrate Mom's Happy Hour (P) 6:00 Games (P)</p>	<p>11</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Yahtzee (P) 11:00 Library Committee (L) 1:00 Comfort Caring Canine Visit with Cash (P) 1:30 Bible Study with Chaplain Nichole (T) 2:30 Music & Meditation with Nadine (CR) 3:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 6:00 Shuffleboard (AR)</p>	<p>12</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Shopping Trip: Redner's **\$\$ (OOB) 10:00 Ed-U: <i>The Importance of Bees</i> (T) 11:00 UNO (P) 1:30 Prize Bingo (AR) 1:30 Sequence Game (P) 2:30 Circle of Friends w/Chap. Nichole (T) 3:30 Keeping It Cool Happy Hour Wear Your Sunglasses (P) 6:00 Shuffleboard (AR)</p>	<p>13</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 Kitchen Helpers: Apple Pie (AR) 1:30 Mid-Week Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 2:30 Walking Club (OOB) 3:30 Comedy Hour (T) 4:00 JULIET's Dine-Out Resident's Choice **\$ (OOB)</p>	<p>14</p> <p>9:45 Catholic Communion (T) 10:00 Balance in Action Powerback (CR) 11:00 Destination Discovery: Croatia (T) 11:00 Dine-Out: Duck Inn **\$\$ (OOB) 1:30 Walking Club (OOB) 1:30 Yahtzee (P) 2:30 Resident Service Awards (P) 3:30 Celebration Happy Hour (P) 6:00 Nickel Bingo \$\$ (AR)</p>	<p>15</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Current Events with Joe (T) 11:00 Sunshine Club: Making Cards (AR) 1:30 Sing-Along Program with Grane and Pastor Peter (CR) 2:30 Chocolate Chip Cookie Social (P) 3:30 Entertainment Featuring Bryan Lernick (P) 6:00 Friday Evening Shabbat (T)</p>	<p>Armed Forces Day 16</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Manicures with Marisa ** (AR) 11:00 Tribute to Armed Forces Day (T) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>Train Dream</i> (T) 3:30 Cornhole (BP) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)</p>
<p>17</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Scrabble (P) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Balloon Volleyball (CR) 3:30 Lemonade Social (BP) 6:00 Board Games (P)</p>	<p>18</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Rummikub (P) 11:00 Library Committee (L) 1:00 Comfort Caring Canine Visit with Cash (P) 1:30 Bible Study with Chaplain Nichole (T) 2:30 Music & Meditation with Nadine (CR) 3:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 6:00 Shuffleboard (AR)</p>	<p>19</p> <p>9:30 Sit & Be Fit Exercises (CR) 9:30 Shopping Trip: Target **\$\$ (OOB) 10:00 Ed-U: <i>Virtual Tour of Longwood Gardens</i> (T) 11:00 Dominoes (P) 1:30 Prize Bingo (AR) 1:30 Rummy 500 (P) 2:30 Circle of Friends with Chap. Nichole (T) 3:30 National Pizza Party Happy Hour (P) 6:00 Shuffleboard (AR)</p>	<p>20</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 Kitchen Helpers: Strawberry Cheesecake (AR) 1:30 Mid-Week Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 2:30 Walking Club (OOB) 3:30 Comedy Hour (T) 6:00 Strawberry Cheesecake Social (BP)</p>	<p>21</p> <p>9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercises (CR) 10:00 Trip to Schuylkill Vally Nature Center with Boxed Lunch ** (OOB) 11:00 Destination Discovery: Memphis in May Festival (T) 1:30 Community Meeting with Kellee (AR) 2:30 Finish the Phrase (CR) 3:30 Happy Hour (P) 6:00 Nickel Bingo \$\$ (AR)</p>	<p>22</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Knitting Club (AR) 10:30 Creativity in a Bag: Create Something with Items in Bag (AR) 1:30 Drumming Circle (P) 2:30 Learn How to Play Solitaire (P) 3:30 Entertainment Featuring Michael Kropp (P) 6:00 Friday Evening Shabbat (T)</p>	<p>23</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Current Events with Joe (T) 11:30 Weekend Excursion Trip: Cirque du Soleil: Luzia**\$\$ (OOB) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>Love at First Sight</i> (T) 3:30 Ladderball (AR) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)</p>
<p>Pentecost 24</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Rummy 500 (P) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Balloon Volleyball (CR) 3:30 Coke Float Social (BP) 6:00 Board Games (P)</p>	<p>Memorial Day 25</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Trappe Memorial Day Parade (OOB) 10:00 Patriotic Sing-Along (P) 11:00 Library Committee (L) 1:30 Picnic Basket Bingo (AR) 2:30 Red, White & Blue Popsicles (BP) 3:30 Honoring Bravery Happy Hour (P) 6:00 Back Porch Chat (BP)</p>	<p>26</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Shopping Trip: Dollar Tree **\$\$ (OOB) 10:00 Ed-U: <i>The Beginnings of Decoration Day</i> (T) 1:30 Tiny Treasures Club: Dollhouse Restoration Project (2nd Floor) 2:30 Circle of Friends with Chaplain Nichole (T) 3:30 Happy Hour (P) 6:00 Shuffleboard (AR)</p>	<p>27</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 Kitchen Helpers: Candy Grapes (AR) 1:00 Trip to Valley Forge Casino **\$\$ (OOB) 1:30 Mid-Week Worship Service with Chaplain Nichole (2nd Floor) 2:30 Pokeno (2nd Floor) 2:30 Walking Club (OOB) 3:30 Comedy Hour (T) 6:00 Candy Grape Social with Marisa (BP)</p>	<p>28</p> <p>9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercises (CR) 11:00 Destination Discovery: New England Whale Watching (T) 11:00 Dine-Out: Versante**\$\$ (OOB) 1:30 Dining Committee (AR) 2:00 Cooking Demo (AR) 3:30 Hapy Hour (P) 6:00 Nickel Bingo \$\$ (AR)</p>	<p>29</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Current Events with Joe (T) 11:00 Sunshine Club: Making Cards (AR) 1:30 Knitting Club (AR) 2:30 Drumming Circle (P) 3:30 Entertainment Featuring Bob Hamel (P) 6:00 Friday Evening Shabbat (T)</p>	<p>30</p> <p>9:30 Sit & Be Fit Exercises (CR) 10:00 Manicures with Marisa ** (AR) 11:00 Walking Club (OOB) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>My Fair Lady</i> (T) 3:30 Shuffleboard (AR) 4:00 Garden Club (AR) 6:00 Resident Run Board Games (P)</p>