



Put a Little Spring in Your Step!

We are finally seeing the beautiful signs of spring, and that means getting outside to enjoy fresh air and sunshine! Spending time outdoors can positively impact your physical and mental health. Here are some ways you can enjoy these benefits:

- Walking in nature can improve short-term memory
- Simply being outdoors reduces stress/has a destressing effect
- Spending time outside reduces inflammation & helps eliminate fatigue
- Outdoor activity may help fight depression & anxiety
- Spending time outside lowers blood pressure

**Please enjoy all of our outdoor walking paths and activities.
Check your calendar for spring outings!**



Providence Place SENIOR LIVING News

Q2: May 2026

A Note from the Executive Director

Happy Spring!

Thank you to everyone who joined us for our Sunday Brunch event in April - we love hosting family and friends.

We are pleased to welcome Melissa Jentsch as our Connections Director. She has been with our community for 11+ years and is excited to step into this new role. Connections families are welcome to join us for our Family Cookout - save the date for 6/11.

We will be hosting Mother's Day events and Memorial Day festivities this month - check out the calendar and join in on the fun.

Spring temperatures mean the patio is open for use, and I hope to see all of you outside soaking up some sun. Don't forget the sunscreen!

Best,

Howard Holben
Executive Director

Highlighted Events

- 5 - **Cinco de Mayo Festivities**
- 10 - **Mother's Day Tea @ 1pm**
- 15 - **EdU Presentation:**
Frank Sinatra @ 3pm
- 21 - **Community Meeting @ 1pm**
- 25 - **Memorial Day Festivities**

Please see calendar for details

Welcome New Residents

Marian Hoffman

Carl Stambaugh

Resident Birthdays

May

- 3 - Cora Ebersole
- 3 - Romaine Walton
- 5 - Michael Stewart
- 7 - Joann Bollinger
- 8 - Michael Morgan
- 9 - John Adams
- 10 - James Schenck
- 12 - Sherry Barnhart
- 13 - Pauline Becklen

June

- 3 - Glenn Funk
- 9 - Pamela Miller
- 17 - Florence Miller
- 20 - Bernadine Tomlinson
- 26 - Dorothy Ruf
- 29 - Dorothy Hale

- 15 - Connie Johnston
- 19 - Suzanne Becker
- 22 - Nancy McCurdy
- 27 - John Harman
- 28 - Shirley Gross
- 29 - Betty Eveler

Get in Touch...

Community Main Line:

(717) 767-4500

Nurse On-Call:

(717) 304-9677



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Discussion & Desserts (CN) 1:00 Collage Detective: Time (CR) 2:00 Movie Matinee: <i>Secretariat</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR) 6:00 Poker Club (AR)	THE Club			May		2 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Coffee & Donuts (FL) 1:00 Side Kick Sugar Fillers (CR) 1:15 Weird But True Facts (CR) 2:00 Derby Day Happy Hour (AR) 3:00 Chair Relay (CR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)
3 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Discussion & Desserts (CN) 1:00 Hittin Like Joe D. (CR) 2:00 Movie Matinee: <i>9 to 5</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship & Communion (CR) 6:00 Poker Club (AR)	4 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 May IQ (AR) 1:00 Catholic Communion (CR) 1:15 Chicken Chickens Everywhere (CN) 2:00 Bible Study with Chaplain Shawn (CN) 2:00 Cooking Club: Jamaican Jek Chicken (AR) 3:00 Around the Opry Table (CR) 3:00 Men's Club: Last Letter Up Game (GH) 6:00 Rummikub (AR)	5 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:15 Perfect 10 Activity (CN) 2:00 Cinco de Mayo Fiesta (AR) 2:30 Cinco de Mayo Trivia (AR) 3:00 Musical Entertainment Mark Rutter (AR) 3:00 Bible Study (CR) 6:00 Evening Bingo with Adam (AR)	6 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Donuts and Reminisce (CN) 10:00 Shopping: Target \$\$\$ (OOB) 10:30 Dining Service Meeting (PD) 1:30 Worship Service (CR) 2:15 Painted Bubbles (CR) 3:00 Wednesday Wine Down (100P) 6:00 Resident Ran Evening Games (AR)	7 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (GH) 10:40 Themed Trivia (CR) 1:00 Club Country Ride (OOB) 2:00 Nail Retreat (AR) 2:30 Mother's Day Photo Fun (AR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	8 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Manicures & Matinee (CR) 1:00 Helping Hands: Hospitality Cards (CR) 2:00 Pearls and Floral's Happy Hour (AR) 3:00 Chair Zumba (CR) 3:30 Virtual Tour Hall of Fame and Root Beer Floats (CR) 6:00 Resident Run Bingo (AR)	9 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Coffee & Donuts (FL) 1:00 Side Kick Sugar Fillers (CR) 1:15 Truth or Fiction (CR) 2:00 Musical Entertainment with Michelle Jameson (AR) 3:00 Essential Breaks (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)
Mother's Day 10 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Dessert & Special Reading (CN) 1:00 Mother's Day Afternoon Tea (AR) 2:00 Movie Matinee: <i>Because I Said So</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR) 6:00 Poker Club (AR)	11 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Music Therapy with Michelle (AR) 10:45 Quick Thinking (AR) 1:00 Catholic Communion (CR) 1:15 Irving Berlin Hits and Hostess Cakes (CN) 2:00 Bible Study with Chaplain Shawn (CN) 2:00 Cooking Club: Greek Pasta Salad (AR) 3:00 Around the Opry Table (CR) 6:00 Rummikub (AR)	12 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Furry Visits with Doc (AR) 1:15 Nuts about Nuts (CN) 2:00 Musical Entertainment with One Man Band Nick DiSanto (AR) 3:00 Bible Study (CR) 3:30 Thank & Appreciate Club (AR) 6:00 Evening Bingo with Adam (AR)	13 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Donuts and Reminisce (CN) 10:00 Shopping: Five Below/TJ Maxx \$\$\$ (OOB) 1:30 Worship Service (CR) 2:15 Great Receptionist Treats (CR) 3:00 Buckets of Sunshine for Night Shift (AR) 6:00 Resident Ran Evening Games (AR)	14 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (GH) 10:40 Themed Trivia (CR) 1:00 Club Country Ride (OOB) 2:00 Nail Retreat (AR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	15 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Manicures & Matinee (CR) 1:00 Helping Hands: Hospitality Cards (CR) 2:00 Friday Happy Hour (AR) 3:00 Imagery Fitness (CR) 3:30 Family Fun Television (CR) 6:00 Resident Run Bingo (AR)	Armed Forces Day 16 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Coffee & Donuts (FL) 1:00 Side Kick Sugar Fillers (CR) 2:00 Musical Entertainment Tom & Randi (AR) 3:00 Essential Breaks (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)
17 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Discussion & Desserts (CN) 1:15 Musical Entertainment with Hershey Mennonite (FL) 2:00 Movie Matinee: <i>The Love Bug</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR) 6:00 Poker Club (AR)	18 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Music Therapy with Michelle (AR) 10:45 Quick Thinking (AR) 1:00 Catholic Communion (CR) 1:15 Back Yard Games with Friends (CN) 2:00 Bible Study with Chaplain Shawn (CN) 2:00 Cooking Club: Cucumber Slaw (100P) 3:00 Around the Opry Table (CR) 6:00 Rummikub (AR)	19 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:15 Mason Jar Flower Arrangements (CN) 2:00 Providence Place Bowling (AR) 3:00 Bible Study (CR) 3:30 The Write Word Game (AR) 6:00 Evening Bingo with Adam (AR)	20 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Donuts and Reminisce (CN) 10:00 Shopping: Community Aid \$\$\$ (OOB) 1:30 Worship Service (CR) 2:15 Strawberry Poppies (CR) 3:00 Musical Entertainment with Ed Alwine (AR) 6:00 Resident Ran Evening Games (AR)	21 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (GH) 10:40 Themed Trivia (CR) 1:15 The Grand Ole Opry Birthday Celebration (PD) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	22 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Manicures & Matinee (CR) 1:00 Helping Hands: Hospitality Cards (CR) 2:00 Friday Happy Hour (AR) 3:00 Card Crunch (CR) 3:30 Personal Pudding Pies (CR) 6:00 Resident Run Bingo (AR)	23 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Coffee & Donuts (FL) 1:00 Side Kick Sugar Fillers (CR) 1:15 Do You Remember (CR) 2:00 Celebrate Drew (CR) 3:00 Essential Breaks (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)
Pentecost 24 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Discussion & Desserts (CN) 1:00 MASH Made Scavenger Hunt (BW) 2:00 Movie Matinee: <i>Steel Magnolias</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR) 6:00 Poker Club (AR)	Memorial Day 25 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Music Therapy with Michelle (AR) 10:45 Quick Thinking (AR) 1:00 Catholic Communion (CR) 1:15 Tune your Tap Shoes (CR) 2:00 Celebrating Memorial Day with Backyard Games (100P) 3:00 June Calendar Review (CR) 6:00 Rummikub (AR)	26 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Furry Visits with Doc (BW) 1:15 Hole in One (CN) 2:00 Providence Place Bowling (AR) 3:00 Bible Study (CR) 6:00 Dementia Care Support Group (PD) 6:00 Evening Bingo with Adam (AR)	27 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Donuts and Reminisce (CN) 10:00 Shopping: Dollar Tree \$\$\$ (OOB) 1:30 Wednesday Service (CR) 2:15 Serious Senior Health (CR) 3:00 Wednesday Wine Down (100P) 4:30 **Chef on Deck (PD) 6:00 Resident Ran Evening Games (AR)	28 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (GH) 10:30 Bible Study (CR) 1:00 Club Country Ride (OOB) 1:15 Gel Polish Removal & Nail Filing (AR) 2:00 Celebration of Life (CR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	29 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Manicures & Matinee (CR) 1:00 Helping Hands: Hospitality Cards (CR) 2:00 Table Top Games (CR) 3:00 Afternoon Drinks (CR) 3:30 Laughing with the Greats (CR) 6:00 Resident Run Bingo (AR)	30 9:10 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Coffee & Donuts (FL) 1:00 Side Kick Sugar Fillers (CR) 1:15 Creative Crafters: Cleaning the Closet (CR) 2:15 Servin up Sundaes (CR) 3:00 Essential Breaks (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)