



## Put a Little Spring in Your Step!

We are finally seeing the beautiful signs of spring, and that means getting outside to enjoy fresh air and sunshine! Spending time outdoors can positively impact your physical and mental health. Here are some ways you can enjoy these benefits:

- Walking in nature can improve short-term memory
- Simply being outdoors reduces stress/has a destressing effect
- Spending time outside reduces inflammation & helps eliminate fatigue
- Outdoor activity may help fight depression & anxiety
- Spending time outside lowers blood pressure

**Please enjoy all of our outdoor walking paths and activities.  
Check your calendar for spring outings!**



# Providence Place SENIOR LIVING News

Q2: May 2026

### A Note from the Executive Director

Happy Spring!

Thank you to everyone who joined us for our Sunday Brunch event in April - we love hosting family and friends.

We are pleased to welcome Melissa Jentsch as our Connections Director. She has been with our community for 11+ years and is excited to step into this new role. Connections families are welcome to join us for our Family Cookout - save the date for 6/11.

We will be hosting Mother's Day events and Memorial Day festivities this month - check out the calendar and join in on the fun.

Spring temperatures mean the patio is open for use, and I hope to see all of you outside soaking up some sun. Don't forget the sunscreen!

Best,

*Howard Holben*  
Executive Director

### Highlighted Events

- 5 - **Cinco de Mayo Festivities**
- 10 - **Mother's Day Tea @ 1pm**
- 15 - **EdU Presentation:**  
Frank Sinatra @ 3pm
- 21 - **Community Meeting @ 1pm**
- 25 - **Memorial Day Festivities**

*Please see calendar for details*

### Welcome New Residents

Marian Hoffman

Carl Stambaugh

## Resident Birthdays

### May

- 3 - Cora Ebersole
- 3 - Romaine Walton
- 5 - Michael Stewart
- 7 - Joann Bollinger
- 8 - Michael Morgan
- 9 - John Adams
- 10 - James Schenck
- 12 - Sherry Barnhart
- 13 - Pauline Becklen

### June

- 3 - Glenn Funk
- 9 - Pamela Miller
- 17 - Florence Miller
- 20 - Bernadine Tomlinson
- 26 - Dorothy Ruf
- 29 - Dorothy Hale

- 15 - Connie Johnston
- 19 - Suzanne Becker
- 22 - Nancy McCurdy
- 27 - John Harman
- 28 - Shirley Gross
- 29 - Betty Eveler

*Get in Touch...*

*Community Main Line:*

(717) 767-4500

*Nurse On-Call:*

(717) 304-9677



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31</p> <p>9:00 Coffee Café (FL) 9:30 Sunday Unwind &amp; Recharge (AR) 10:00 Early Birds Pokeno (AR) 10:00 Coffee Clutch with Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Crafters Corner: Artist Trading Cards (AR) 2:00 Movie Matinee: <i>Secretariat</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR)</p>			<p>May 2026</p>	<p>Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building (AR) Activity Room (CR) Community Room (DR) Dining Room (PD) Private Dining (GH) Game Hall (FL) Front Lobby</p>	<p>1</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicure &amp; Matinee (AR) 10:30 Puzzle Take A Way: <i>Searching for May</i> (AR) 1:00 May Day– The Symbols of May Day (AR) 1:30 Hello May– Floral Margarites (AR) 2:00 History and Trivia with Bob Reigh (AR) 2:30 UNO (FL) 3:00 Flower Moon Words that Start w/Moon (AR) 3:30 Full Moons, Names and Meanings (AR) 6:00 Resident Run Evening Bingo (AR)</p>	<p>2</p> <p>9:30 Morning Exercise (AR) 10:00 Coffee and Donuts (AR) 10:30 Around the World Today (AR) 1:00 Humor Alley– Talk Derby to Me (AR) 1:30 Kentucky Derby Traditions (AR) 2:00 Derby Day Happy Hour (AR) 2:30 Dominoes (FL) 3:00 Off To the Races Game (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)</p>
<p>3</p> <p>9:00 Coffee Café (FL) 9:30 Sunday Unwind &amp; Recharge (AR) 10:00 Early Birds Pokeno (AR) 10:30 Coffee Clutch with Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Crafters Corner: <i>3D Tea Cups</i> (AR) 2:00 Movie Matinee: <i>9 to 5</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship &amp; Communion (CR) 6:00 Poker Club (AR)</p>	<p>4</p> <p>9:00 Coffee Café (BW) 9:30 Morning Exercise (AR) 10:00 May IQ (AR) 10:30 Dining Committee Meeting (PD) 10:30 Our Journey Together (CR) 1:00 Catholic Communion (CR) 1:30 Armchair Travelers: Jamaican Beaches (AR) 2:00 Cooking Club: Jamaican Jerk Chicken (AR) 2:30 Jamaica– History of the Island (AR) 3:00 Men's Club: Last Letter Up Game (GH) 6:00 Rummikub (AR)</p>	<p>5</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Name that Tune with Bev &amp; Sue (AR) 10:30 A Cinco de Mayo Word Match (FL) 1:00 The Right Word– Cinco de Mayo Edition (AR) 1:30 Circle of Friends (CR) 2:00 Cinco de Mayo Fiesta (AR) 2:30 Cinco de Mayo Trivia (AR) 3:00 Bible Study (CR) 3:00 Musical Entertainment Mark Rutter (AR) 6:00 Evening Bingo with Adam (AR)</p>	<p>6</p> <p>9:00 Coffee with Friends (FL) 9:30 Morning Exercise (AR) 10:00 Shopping: Target \$\$\$*(OOB) 10:00 Bible Trivia with Chaplain Shawn (CR) 1:30 Mid-Week Worship Service (CR) 2:00 Country Ride *(OOB) 2:30 Ready Set Journal- <i>My Life Song Title</i> (AR) 3:00 Wednesday Wine Down on the Patio (100P) 3:30 Happy/Grumpy Game (AR) 6:00 Resident Ran Evening Games (AR)</p>	<p>7</p> <p>9:00 Indoor Walking Crew (BW) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (P) 1:00 Welcome New Resident Orientation (AR) 1:30 Bible Study (CR) 2:00 Nail Retreat (AR) 2:30 Mother's Day Photo Fun (AR) 3:00 Prize Bingo (AR) 3:30 Brain Games (FL) 6:00 Pinochle (AR)</p>	<p>8</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicure &amp; Matinee (AR) 10:30 Puzzle Take A Way: Mixed-Up Fresh Start (AR) 1:00 Going Green Trivia (AR) 1:30 Military Spouse Appreciation (AR) 2:00 Pearls &amp; Flowers Happy Hour (AR) 2:30 An Idiom a Day Crossword (FL) 3:00 What Ever Happened to... (AR) 6:00 Resident Ran Evening Bino (AR)</p>	<p>9</p> <p>9:30 Morning Exercise (AR) 10:00 Coffee and Donuts (AR) 10:30 Around the World Today (AR) 1:00 Humor Alley– Dry Jokes (AR) 1:30 Garden Friends (AR) 2:00 Musical Entertainment with Michelle Jameson (AR) 2:30 Checkers (FL) 3:00 Essential Breaks: <i>Tropical Breeze</i> (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)</p>
<p>Mother's Day 10</p> <p>9:00 Coffee Café (FL) 9:30 Sunday Unwind &amp; Recharge (AR) 10:00 Mothers Day Jeopardy (AR) 10:30 Coffee Clutch with Sharon (FL) 1:00 Mothers Day Afternoon Tea (AR) 2:00 Movie Matinee: <i>Because I Said So</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR) 6:00 Poker Club (AR)</p>	<p>11</p> <p>9:00 Indoor Walking Crew (BW) 9:30 Morning Exercise (AR) 10:00 Musical Therapy with Michelle (AR) 10:30 Our Journey Together with Chaplain Shawn (CR) 1:00 Catholic Communion (CR) 1:30 Armchair Travelers to Malta (AR) 2:00 Cooking Club: Greek Pasta Salad (AR) 3:00 Men's Club: Billard's &amp; Brews (GH) 6:00 Rummikub (AR)</p>	<p>12</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Name that Tune with Bev &amp; Sue (AR) 10:30 Puzzling Puzzlers (FL) 1:30 Furry Visits with Doc (BW) 1:30 Circle of Friends (CR) 2:00 Musical Entertainment with One Man Band Nick DiSanto (AR) 2:30 Treat &amp; Greet (BW) 3:00 Bible Study (CR) 3:30 Thank &amp; Appreciate Club (AR) 6:00 Evening Bingo with Adam (AR)</p>	<p>13</p> <p>9:00 Coffee with Friends (FL) 9:30 Morning Exercise (AR) 10:00 Shopping: Five Below/TJ Maxx \$\$\$*(OOB) 10:00 Bible Trivia with Chaplain Shawn (CR) 1:00 Blood Pressure Clinic (AR) 1:30 Mid-Week Worship Service (CR) 2:00 Country Ride *(OOB) 2:00 Ed-U Wellness Presentations: <i>Benefits of Exercise</i> with Laura Lambert Bayada Home Health Care (AR) 3:00 Buckets of Sunshine for Night Shift (AR) 3:30 Song Lyric Scramble (AR) 6:00 Resident Ran Evening Games (AR)</p>	<p>14</p> <p>9:00 Indoor Walking Crew (BW) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (P) 1:00 Welcome Ambassador Meeting (AR) 1:30 Bible Study (CR) 2:00 Nail Retreat (AR) 3:00 Prize Bingo (AR) 3:30 Brain Games (FL) 6:00 Pinochle (AR)</p>	<p>15</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicure &amp; Matinee (AR) 10:30 Puzzle Take A Way: <i>Word Pyramid</i> (AR) 1:00 Ticket Shoppers (AR) 2:00 Friday Happy Hour (AR) 2:30 Crossword #53 (AR) 3:00 Ed-U Documentary: <i>Frank Sinatra– They Were Very Good Years Part 1</i> (AR) 3:30 Boggle (AR)</p>	<p>Armed Forces Day 16</p> <p>9:30 Morning Exercise (AR) 10:00 Coffee and Donuts (AR) 10:30 Around the World Today (AR) 1:00 Humor Alley—Slow &amp; Steady Laughs (AR) 1:30 Garden Friends (AR) 2:00 Musical Entertainment Tom &amp; Randi (AR) 2:30 Dominoes (FL) 3:00 Essential Breaks: <i>Peach Paradise</i> (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)</p>
<p>17</p> <p>9:00 Coffee Café (FL) 9:30 Sunday Unwind &amp; Recharge (AR) 10:00 Early Birds Pokeno (AR) 10:00 Coffee Clutch with Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Musical Entertainment with Hershey Mennonite (FL) 2:00 Movie Matinee: <i>The Love Bug</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR) 6:00 Poker Club (AR)</p>	<p>18</p> <p>9:00 Early Birds Walking (BW) 9:30 Morning Exercise (AR) 10:00 Musical Therapy with Michelle (AR) 10:30 Our Journey Together (CR) 1:00 Catholic Communion (CR) 1:30 Playing Outdoors Puzzle (AR) 2:00 Cooking Club: Cucumber Slaw (100P) 2:30 Backyard Games (100P) 3:00 Men's Club: Remote Control Car Races (GH) 6:00 Rummikub (AR)</p>	<p>19</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Name that Tune with Bev &amp; Sue (AR) 10:30 Summer Movie Planning (FL) 1:00 Word in a Word Game (AR) 1:30 Circle of Friends (CR) 2:00 Providence Place Bowling (AR) 2:30 Treat &amp; Greet (BW) 3:00 Bible Study (CR) 3:30 The Write Word Game (AR) 6:00 Evening Bingo with Adam (AR)</p>	<p>20</p> <p>9:00 Coffee with Friends (FL) 9:30 Morning Exercise (AR) 10:00 Shopping: Community Aid \$\$\$*(OOB) 10:00 Bible Trivia with Chaplain Shawn (CR) 1:30 Mid-Week Worship Service (CR) 2:00 Inner Light Meditation (AR) 2:30 Ready Set Journal– <i>My Inner Beauty Quote</i> (AR) 3:00 Musical Entertainment with Ed Alwine (AR) 3:30 Kings in the Corner (FL) 6:00 Resident Ran Evening Games (AR)</p>	<p>21</p> <p>9:00 Indoor Walking Crew (BW) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (P) 1:00 Community Meeting with Department Mangers (AR) 1:30 Bible Study (CR) 2:00 Nail Retreat (AR) 2:30 Spiritual Life Planning Meeting (CR) 3:00 Prize Bingo (AR) 3:30 Brain Games (FL)</p>	<p>22</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicure &amp; Matinee (AR) 10:30 Puzzle Take A Way: <i>Spelling Fresh Blooms</i> (AR) 1:00 Ticket Shoppers (AR) 2:00 Friday Happy Hour (AR) 2:30 Sightseeing Crossword (AR) 3:00 Graduation Messages to the Class of 2026 (AR) 6:00 Resident Ran Evening Bingo (AR)</p>	<p>23</p> <p>9:30 Morning Exercise (AR) 10:00 Coffee and Donuts (AR) 10:30 Around the World Today (AR) 1:00 Humor Alley (AR) 1:30 Garden Friends (AR) 2:00 Wall Jeopardy (AR) 2:30 LCR (FL) 3:00 Essential Breaks: <i>Watermelon Wave</i> (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)</p>
<p>Pentecost 24</p> <p>9:00 Coffee Café (FL) 9:30 Sunday Unwind &amp; Recharge (AR) 10:00 Early Birds Pokeno (AR) 10:00 Coffee Clutch with Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Crafters Corner: Yarn Letters (AR) 2:00 Movie Matinee: <i>Steel Magnolias</i> (AR) 2:30 Faith Fellowship (CR) 3:00 Sunday Worship (CR) 6:00 Poker Club (AR)</p>	<p>Memorial Day 25</p> <p>9:00 Indoor Walking Crew (BW) 9:30 Morning Exercise (AR) 10:00 Musical Therapy with Michelle (AR) 10:30 Our Journey Together (AR) 11:30/12 Memorial Day Cook– Out Style (DR) 1:00 Catholic Communion (CR) 1:30 Origins of Memorial Day (AR) 2:00 Celebrating Memorial Day Backyard Games (100P) 3:00 The Write Word– Memorial Day Edition (AR) 6:00 Rummikub (AR)</p>	<p>26</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Name that Tune with Bev &amp; Sue (AR) 10:30 Word Elimination Game (FL) 1:00 Furry Visits with Doc (BW) 1:30 Circle of Friends (CR) 2:00 Providence Place Bowling (AR) 2:30 Treat &amp; Greet (BW) 3:00 Bible Study (CR) 3:30 Community Life Planning Meeting (AR) 6:00 Evening Bingo with Adam (AR)</p>	<p>27</p> <p>9:00 Coffee with Friends (FL) 9:30 Morning Exercise (AR) 10:00 Shopping: Dollar Tree \$\$\$*(OOB) 10:00 Bible Trivia with Chaplain Shawn (CR) 1:00 Blood Pressure Clinic (AR) 1:30 Mid-Week Worship Service (CR) 2:00 Country Ride *(OOB) 2:30 Ready Set Journal- A Place that Felt Surreal (AR) 3:00 Wednesday Wine Down on the Patio (100P) 3:30 Yahtzee (FL) 4:30 Chef on Deck (PD) 6:00 Resident Ran Evening Games (GH)</p>	<p>28</p> <p>9:00 Indoor Walking Crew (BW) 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Praying the Rosary (P) 1:00 Welcome New Resident Orientation (AR) 1:30 Bible Study (CR) 2:00 Celebration of Life (CR) 3:00 Prize Bingo (AR) 3:30 Brain Games (FL) 6:00 Pinochle (AR)</p>	<p>29</p> <p>9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicure &amp; Matinee (AR) 10:30 Puzzle Take A Way: <i>Pedal Powered</i> (AR) 1:00 Ticket Shoppers (AR) 2:00 Caps off To the Class of 2026– Messages for Seniors (AR) 2:30 Waiting Tables Crossword (AR) 3:00 Ed-U Documentary: <i>Frank Sinatra – They Were Very Good Years Part 2</i> (AR) 6:00 Resident Ran Evening Bingo (AR)</p>	<p>30</p> <p>9:30 Morning Exercise (AR) 10:00 Coffee and Donuts (AR) 10:30 Around the World Today (AR) 1:00 Humor Alley (AR) 1:30 Garden Friends (AR) 2:00 Wall Jeopardy (AR) 2:30 Scattergories (FL) 3:00 Essential Breaks: <i>Cherry Cloud</i> (AR) 3:30 Weekly Review (AR) 6:00 Resident Card Club (AR)</p>