



## Put a Little Spring in Your Step!

We are finally seeing the beautiful signs of spring, and that means getting outside to enjoy fresh air and sunshine! Spending time outdoors can positively impact your physical and mental health. Here are some ways you can enjoy these benefits:

- Walking in nature can improve short-term memory
- Simply being outdoors reduces stress/has a destressing effect
- Spending time outside reduces inflammation & helps eliminate fatigue
- Outdoor activity may help fight depression & anxiety
- Spending time outside lowers blood pressure

**Please enjoy all of our outdoor walking paths and activities.  
Check your calendar for spring outings!**



# Providence Place SENIOR LIVING News

Q2: May 2026

### A Note from the Executive Director

Happy Spring!

We are very excited to host our Mother's Day Brunch buffet here in Lancaster on May 10<sup>th</sup> and invite family and friends to join. Please call reception to reserve a spot with your loved ones at either our 11:30am or 1:00pm seatings.

We have worked hard to find great fits for our campus leadership and are excited to introduce our new Director of Nursing, Jes Mahoney, as well as our Connections Director, Nate Lehman. If you have not had the chance to meet either Jes or Nate - please feel free to come say hi and chat.

We are continuing to host our Dementia Caregiver Support group on the 3<sup>rd</sup> Wednesday of each month at 1pm. Please join us in May on the 20<sup>th</sup> and invite a friend who would benefit from the discussion.

If you have any questions or concerns, please reach out anytime.

Best,

*Cathryn Tyson*  
Executive Director

### Highlighted Events

4 - **Musical Entertainment:**  
*The Singing Mayor @ 2pm*

5 - **Musical Entertainment:**  
*Nick Viscuso @ 2pm*

10 - **Mother's Day Buffet**  
Seatings @ 11:30 am & 1pm

14 - **Trivia w/ Bob Reigh @ 2pm**

20 - **Outing: The Pretzel Hut @ 10:30am**

20 - **Magi the Magician @ 2pm**

20 - **Dementia Support Group @ 1pm**

26 - **Ed-U Presents:**  
*Attorney, Logan Graves @ 1pm*

26 - **Musical Entertainment:**  
*Quentin Jones @ 2pm*

27 - **Lunch outing:**  
Willow Street Diner @ 11am

### Welcome New Residents

Barbara McCreary  
Gwendolyn Brooks  
Carolyn Richcrick

## Resident Birthdays

### May

- |                          |                      |
|--------------------------|----------------------|
| 2 - Catherine Miller     | 19 - Timothy Saylor  |
| 9 - Patricia Witmer      | 19 - Linda DePatto   |
| 9 - Jacqueline Durrett   | 19 - Juanita Warrick |
| 9 - Joan Pearson         | 24 - Glenn Arnold    |
| 10 - Dorothy Longenecker | 28 - Teresa Deemer   |

### June

- |                      |
|----------------------|
| 3 - Bonita Dissinger |
| 15 - Sally Cain      |
| 21 - Ramona Goodman  |
| 22 - Gerald Curylo   |
| 29 - Violet Sears    |

## Get in Touch...

*Community Main Line:*  
(717) 392-4100

*Nurse On-Call:*  
(717) 992-2391




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31</p> <p>9:00 Our Week in Review (FL) 9:30 Hymn Sing (CR) 10:00 Cooking Club: Ice Cream Cone Cupcakes (AR) 1:00 LCR Game (AR) 2:00 Sunday Social: Featuring Ice Cream Cone Cupcakes &amp; Trivia (GL) 3:00 Sunday Worship Service (CR) 6:00 Sunday Evening Wind Down (FL)</p>			<p>May 2026</p>	<p><b>Calendar Key:</b> (DR) Dining Room (FL) Front Lobby (GL) Governor's Lounge (CR) Community Room (AR) Activity Room (S) Salon **Registration Required</p>	<p>1</p> <p>9:00 Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Journey Through the Bible (CR) 1:00 Afternoon Walk Outside (FL) 2:00 Musical Entertainment Featuring Billy Moos (CR) 3:00 Card Club: Rummy (AR) 3:00 Guided Meditation (CR) 6:00 Movie: Fiddler on the Roof (CR)</p>	<p>2</p> <p>9:00 Coffee and Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:00 Saturday Social (GL) 2:30 Triva (GL) 3:00 Comedy Hour: Carol Burnett (CR) 3:00 Paint &amp; Polish Nail Service (CR) 6:00 Resident Run Scrabble (AR)</p>
<p>3</p> <p>9:00 Our Week in Review (FL) 9:30 Hymn Sing (CR) 10:00 Cooking Club: Taco Dip (AR) 1:00 LCR Game (AR) 2:00 Sunday Social Featuring Taco Dip (GL) 2:30 Triva (GL) 3:00 Sunday Worship Service (CR) 6:00 Sunday Evening Wind Down (FL)</p>	<p>4</p> <p>9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel To The Great Barrier Reef (CR) 1:00 Library Club: Short Stories (CR) 2:00 Musical Entertainment Featuring The Singing Mayor, Chuck Mummert (CR) 3:00 Star Wars Trivia (CR) 5:30 Resident Run Bingo (AR)</p>	<p>5</p> <p>9:00 Daily Chronicle Handout (FL) 10:00 Weights &amp; Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Balloon Volleyball (CR) 2:00 Musical Entertainment Featuring Nick Viscuso (CR) 3:00 Cinco De Mayo Social (CR) 3:00 Bingo Helpers in Connections (CN) 6:00 Resident Run Game Night (AR)</p>	<p>6</p> <p>9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Midweek Worship (CR) 11:00 Giant Grocery Store **\$\$ (OOB) 2:00 Musical Entertainment Featuring AARP Chorus (DR) 2:00 Coffee and Chat (FL) 3:00 Bingo Bonanza (CR) 6:00 Movie: What About Bob (CR)</p>	<p>7</p> <p>9:00 Resident Run Chronicle (FL) 10:00 Balance and Flex Exercise (CR) 10:30 Circle of Friends 1:00 Mother's Day Craft: Floral Centerpieces (AR) 2:00 Chief's Paring: Snack with Amanda (AR) 3:00 LCR with Chaplain (AR) 3:00 Word Search/Fun Sheets (AR) 6:00 Evening Gather and Chat (FL)</p>	<p>8</p> <p>9:00 Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Journey Through the Bible (CR) 1:00 Afternoon Walk (FL) 2:00 Drum to the Beat (CR) 3:00 Card Club: Rummy (AR) 3:00 Manicures with Alexis (S) 6:00 Movie: Driving Miss Daisy (CR)</p>	<p>9</p> <p>9:00 Coffee and Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:00 Saturday Social (GL) 2:30 Triva (GL) 3:00 Comedy Hour: I Love Lucy (CR) 3:00 Paint &amp; Polish Nail Service (CR) 6:00 Resident Run Scrabble (AR)</p>
<p><b>Mother's Day</b> 10</p> <p>9:00 Our Week in Review (FL) 9:30 Hymn Sing (CR) 10:00 Chair Yoga (CR) 10:30 Welcome Table: Mom-Osas (FL) 11:30 1st Seating for Mother's Day Buffet (DR) 1:00 2nd Seating for Mother's Day Buffet (DR) 3:00 Sunday Worship Service (CR) 6:00 Sunday Evening Wind Down (FL)</p>	<p>11</p> <p>9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel To Tahiti (CR) 1:00 Music Videos (CR) 2:00 Artist in All of Us: Pottery Works (AR) 2:00 Fun with Finish the Story (CR) 3:00 Bowling (CR) 6:00 Resident Run Bingo (AR)</p>	<p>12</p> <p>9:00 Daily Chronicle Handout (FL) 10:00 Weights and Band Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Craft: Field of Tulips (AR) 2:00 Catholic Mass (CR) 2:00 Root Beer Floats (AR) 3:00 Axe Throwing (CR) 3:00 Bingo Helpers in Connections (CN) 6:00 Resident Run Game Night (AR)</p>	<p>13</p> <p>9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Midweek Worship (CR) 1:00 Americal Says (AR) 2:00 Jeopardy (CR) 2:00 Craft: Hot Air Balloons with Buttons On Canvas (AR) 3:00 Bingo Bonanza (CR) 6:00 Movie: 9 to 5 (CR)</p>	<p>14</p> <p>9:00 Resident Run Chronicle (FL) 10:00 Balance and Flex Exercise (CR) 10:30 Circle of Friends (CR) 1:00 Dining Committee Meeting with The Director of Dining (CR) 2:00 Trivia with Bob Reigh (AR) 3:00 Ladder Golf (CR) 3:00 LCR with Chaplain (CR) 6:00 Evening Gather and Chat (FL)</p>	<p>15</p> <p>9:00 Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Journey Through the Bible (CR) 1:00 Chocolate Chip Cookies and Sing-A-Long (CR) 2:00 Uno Game (AR) 3:00 Jumbo Pong (CR) 3:00 Card Club: Rummy (AR) 6:00 Movie: 12 Angry Men (CR)</p>	<p><b>Armed Forces Day</b> 16</p> <p>9:00 Coffee and Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:00 Saturday Social (GL) 2:30 Sending Cards to the Troops (AR) 3:00 Gunsmoke TV Show (CR) 3:00 Paint &amp; Polish Nail Service (CR) 6:00 Resident Run Scrabble (AR)</p>
<p>17</p> <p>9:00 Our Week in Review (FL) 9:30 Hymn Sing (CR) 10:00 Cooking Club: Snack Mix (AR) 1:00 LCR Game (AR) 2:00 Sunday Social Featuring Parm Ranch Snack Mix (GL) 2:30 Triva (GL) 3:00 Sunday Worship Service (CR) 6:00 Sunday Evening Wind Down (FL)</p>	<p>18</p> <p>9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel To New Zealand (CR) 1:00 UNO Game (AR) 2:00 Drumming to the Beat (CR) 2:00 Word Search/Activity Sheets (AR) 3:00 Afternoon Walk Outside (FL) 6:00 Resident Run Bingo (AR)</p>	<p>19</p> <p>9:00 Daily Chronicle Handout (FL) 10:00 Weights and Band Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Guided Meditation (CR) 2:00 Monthly Birthday Celebration (CR) 3:00 Darts (CR) 3:00 Bingo Helpers in Connections (CN) 6:00 Resident Run Game Night (AR)</p>	<p>20</p> <p>9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Midweek Worship (CR) 10:30 The Pretzel Hut **\$\$ (OOB) 1:00 Jeopardy (CR) 2:00 Entertainment Featuring Magi the Magician (CR) 3:00 Bingo Bonanza (CR) 6:00 Movie: Of Mice and Men (CR)</p>	<p>21</p> <p>9:00 Resident Run Chronicle (FL) 10:00 Balance and Flex Exercise (CR) 10:30 Circle of Friends (CR) 1:00 Community Meeting with Your Department Managers (CR) 2:00 Ed-U Presents Bayada Home Health Care: Benefits of Exercise (CR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)</p>	<p>22</p> <p>9:00 Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Journey Through the Bible (CR) 1:00 Craft: Pressed Lanterns (AR) 2:00 Pudding/Sing-a-Long (CR) 3:00 Manicures with Alexis (S) 3:00 Card Club: Rummy (AR) 6:00 Movie: Women Chases Man (CR)</p>	<p>23</p> <p>9:00 Coffee and Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:00 Saturday Social (GL) 2:30 Triva (GL) 3:00 The Waltons TV Show (CR) 3:00 Paint &amp; Polish Nail Service (CR) 6:00 Resident Run Scrabble (AR)</p>
<p><b>Pentecost</b> 24</p> <p>9:00 Our Week in Review (FL) 9:30 Hymn Sing (CR) 10:00 Cooking Club: Cherry Cobbler (AR) 1:00 LCR Game (AR) 2:00 Sunday Social Featuring Cherry Cobbler &amp; Trivia (GL) 3:00 Sunday Worship Service (CR) 6:00 Sunday Evening Wind Down (FL)</p>	<p><b>Memorial Day</b> 25</p> <p>9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel To Arlington National Cemetery (CR) 11:30 Memorial Day Lunch (DR) 1:00 Craft Club: Flag Door Hanger (AR) 2:00 Rosary with Loretta (GL) 3:00 Honor Fallen Heros with Music And Trivia (CR) 6:00 Resident Run Bingo (AR)</p>	<p>26</p> <p>9:00 Daily Chronicle Handout (FL) 10:00 Weights and Band Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Ed-U Presents: Attorney Logan Graves Presentation (CR) 2:00 Musical Entertainment Featuring Quentin Jones (CR) 3:00 Bingo Helpers in Connections (CN) 6:00 Resident Run Game Night (AR)</p>	<p>27</p> <p>9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Midweek Worship (CR) 11:00 Willow St Dinner **\$\$ (OOB) 1:00 Sing-A-Long (CR) 2:00 Jeopardy (CR) 3:00 Bingo Bonanza (CR) 6:00 Movie: The Student Prince in Old Heidelberg (CR)</p>	<p>28</p> <p>9:00 Resident Run Chronicle (FL) 10:00 Balance and Flex Exercise (CR) 10:30 Circle of Friends (CR) 1:00 Community Life Planning Meeting (CR) 2:00 Celebration of Life (CR) 3:00 Word Search/Activity Sheets (AR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)</p>	<p>29</p> <p>9:00 Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Journey Through the Bible (CR) 1:00 Phase 10 Game (AR) 2:00 Bowling (CR) 3:00 Name that Tune (CR) 3:00 Card Club: Rummy (AR) 6:00 Movie: The Glass Mountain (CR)</p>	<p>30</p> <p>9:00 Coffee and Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:00 Saturday Social (GL) 2:30 Triva (GL) 3:00 Comedy Hour: The Honeymooners (CR) 3:00 Paint &amp; Polish Nail Service (CR) 6:00 Resident Run Scrabble (AR)</p>