



## Put a Little Spring in Your Step!

We are finally seeing the beautiful signs of spring, and that means getting outside to enjoy fresh air and sunshine! Spending time outdoors can positively impact your physical and mental health. Here are some ways you can enjoy these benefits:

- Walking in nature can improve short-term memory
- Simply being outdoors reduces stress/has a destressing effect
- Spending time outside reduces inflammation & helps eliminate fatigue
- Outdoor activity may help fight depression & anxiety
- Spending time outside lowers blood pressure

**Please enjoy all of our outdoor walking paths and activities.  
Check your calendar for spring outings!**



# Providence Place SENIOR LIVING News

Q2: May 2026

### A Note from the Executive Director

Happy Spring!

We are continuing to refresh our community with painting and replacing flooring. Pardon our dust and enjoy the updated spaces.

Now that the weather is brightening, we are also doing our annual spring clean up with landscaping. It's always a welcome project this time of year.

We are in the midst of planning summer cookouts and events - stay tuned for details for our celebrations.

Our community is in process of switching to Assisted Living as previously communicated. If you are in need of reviewing your updated paperwork, please come in to sign or return electronically via DocuSign.

If you have questions or concerns, please reach out anytime.

Best,  
*Melissa Jacoby*  
Executive Director

### Highlighted Events

5 - **Cinco De Mayo food tasting**  
by Resident Sookie @ 12:00pm

10 - **Mother's Day Brunch** @ 10:30-12:30pm  
& Dessert social & harpist @ 1:30pm  
Please RSVP to reception

17 - **Musical Entertainment:**  
Dave Derbes @ 1:30pm

20 - **Wildlife Presentation**  
by Porcupine Pat @ 2:00pm

25 - **Memorial Day Picnic** @ 11am  
Followed by Bell's Angels' performance  
& Veterans social @ 1pm

## Resident Birthdays

### May

5 - Donna McCarthy  
6 - Robert Wachter  
10 - Anona Clouser  
12 - John Thomas  
14 - Florence Shuey  
20 - Elmer Kramer  
25 - Betty Tower  
27 - Joan Grapsy  
30 - Anna Leisinger  
31 - Pauline Dunkelberger  
31 - Charles Lantz

### June

1 - Albert Schneider  
1 - Sookie Smith  
5 - Lynn Korn  
16 - Judith Thomas  
17 - Carol Thompson  
21 - Mary Lou Widel  
22 - James Miller  
24 - June Womer  
26 - Anna Mease

28 - Donald Hoffman  
29 - Margaret Antanavage

## Get in Touch...

**Community:**  
(570) 628-6950

**Nurse On-Call:**  
(570) 728-0546

**Enhanced Care Neighborhood:**  
(570) 624-4010



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**

### Welcome New Residents

Jack Challenger  
Joan Challenger

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>31</p> <p>9:00 Daily Meeting &amp; Chronicles (3FL/CR) 9:30 Trinity Lutheran Church (3FL/CR) 10:30 Health Talk: <i>How to Hydrate Your Brain</i> by Dr. Josh Axe (3FL/CR) 1:30 Sensory Kit: Glamour (3FL/CR) 2:30 Gentle Motion Exercise (3FL/CR) 3:00 Communion Service with Chaplain Henninger (CM) 6:00 Variety Games &amp; Puzzles (P)</p>	<h1>THE Club</h1>		<h1>May</h1>		<p>Calendar Key: ** Registration Required \$\$ Cost Involved 1FP 1st Floor Patio 3F 3rd Floor 3FL/CR 3rd Floor Club Room CM Community Room CNT Connections Terrace DR Dining Room 1FL 1st Floor OOB Out of Building P Pub PL Parking Lot TB Throughout Building</p>	<p>1</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Designers' Club: 3-D Flower Portraits (3FL/CR) 11:00 May Word Power (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 History: What is May Day? (3FL/CR) 3:00 Communion &amp; Rosary with Chaplain Henninger (CM) 6:00 Movie: <i>Turner and Hooch</i> (P)</p>	<p>2</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 <i>The Science of Friendship</i> by Doctor Robin Dunbar (3FL/CR) 1:00 Manicures &amp; Music (CNT) 2:00 Nickel Bingo \$\$ (P) 2:00 Happy Hour &amp; Horse Sense (CNT) 3:00 Kentucky Derby Horseshoes (CNT) 3:30 Outside Scroll (OOB) 6:00 Televised Catholic Mass (P)</p>
<p>3</p> <p>9:00 Daily Meeting &amp; Chronicles (3FL/CR) 9:30 Trinity Lutheran Church (3FL/CR) 10:30 Health Talk: <i>Walking is Medicine</i> by Dr. Alex (3FL/CR) 11:00 <i>Light N' Lively Exercise</i> (3FL/CR) 1:30 Let's Travel to Guatemala (3FL/CR) 2:00 Guatemalan Symbols (3FL/CR) 2:30 Brain Gym: Word Guessing (3FL/CR) 3:00 Communion Service with Chaplain Henninger (CM) 6:00 Variety Puzzles (P)</p>	<p>4</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Morning Fitness Walkers (TB) 10:30 Seated Yoga with Michele (P) 1:30 Fun with Food: Happy Little Fruit Turtles (3FL/CR) 2:00 Worship with Chaplain Brittany (CM) 2:30 Balloon Bomb Box Game (3FL/CR) 3:00 Circle of Friends (CM) 3:30 Can You Guess the Word (3FL/CR) 6:00 Variety Board Games (P)</p>	<p>5</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Communion with Sister Mary Jane (CM) 10:30 Fun Cognitive Game Battle (3FL/CR) 12:00 Cino De Mayo Food Tasting Made By Resident Sookie (P) 1:30 Art Class with Local Artist: Shannon Haley (3FL/CR) 3:00 Happy Birthday Party (3FL/CR) 3:30 Learn About Cino De Mayo (3FL/CR) 6:00 Nickel Bingo \$\$ (P)</p>	<p>6</p> <p>9:00 News, Crosswords &amp; Puzzles (P) 9:00 Shopping Trip: Walmart ** \$\$ (OOB) 10:30 Light Stretch Exercise Video (P) 1:30 Target Tabletop Roll &amp; Score (3FL/CR) 2:00 Worship Service with Chaplain Brittany (CM) 2:30 Creative Crafters Club: Muffin-Liner Flower Pot (3FL/CR) 3:00 Bible Study (CM) 3:30 A Drop in the Umbrella Game (3FL/CR) 6:00 Adult Coloring &amp; Games (P)</p>	<p>7</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Hymn Sing with Chaplain Brittany (P) 10:30 Jumbo Wall Memory Matching Game (3FL/CR) 12:00 Order in Lunch: KFC ** \$\$ (P) 1:00 Craft Corner: Flower Wreaths (CNT) 2:30 Trivia Time (CNT) 3:30 The Best of Happy Days (CNT) 6:00 Nickel Bingo \$\$ (P) 7:00 Gospel Singers (CM)</p>	<p>8</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Sweets "R" Us Club: Edible Designer Cookie Handbags (3FL/CR) 10:30 Target Challenge (3FL/CR) 11:00 Parachute Ball Balancing (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Cookie Handbag Social (3FL/CR) 3:00 Communion &amp; Rosary with Chaplain Henninger (CM) 6:00 Movie: <i>Angels in the Outfield</i> (P)</p>	<p>9</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 TED Talk: <i>The Power of Mindfulness</i> By Shauna Shapiro (3FL/CR) 11:00 Inside Golfing (3FL/CR) 1:00 Manicures &amp; Music (CNT) 2:00 Nickel Bingo \$\$ (P) 2:30 Junk Drawer Detective (CNT) 3:00 Birdwatching on the Patio (CNT) 6:00 Televised Catholic Mass (P)</p>	
<p>Mother's Day 10</p> <p>9:00 Daily Meeting &amp; Chronicles (3FL/CR) 9:30 St. Ambrose Church (3RD/CR) 10:30 Health Talk: <i>How Pets Help Us Heal</i> By Pixie Nitmirt (3FL/CR) 10:30-12:30 Mother's Day Brunch (DR) 11:00 Senior Full Body Workout (3FL/CR) 1:30 Harpist &amp; Dessert Social (P) 2:30 Compliment Time (3FL/CR) 3:00 Communion Service with Chaplain Henninger (CM) 6:00 Variety Board Games (P)</p>	<p>11</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Moisturizing Hand Massage (3FL/CR) 10:30 Seated Yoga with Michele (P) 1:30 Green Thumb Club: Transplanting Our Wildflowers (3FL/CR) 2:00 Worship with Chaplain Brittany (CM) 2:30 Cheerful Club: Handing out Get Well Wildflowers to our Residents (TB) 3:00 Circle of Friends (CM) 6:00 Variety Board Games (P)</p>	<p>12</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Communion with Sister Mary Jane (CM) 10:30 Food For Fun: Tailored Sugar Wafers (3FL/CR) 1:30 Let's Take a Walk to Connections (TB) 2:00 Ice Cream Trip with Connections (OOB) 3:30 Brain Gym: Word Play (3FL/CR) 4:00 Diner Theater: Mary Poppins (P) 6:00 Variety Puzzles (P)</p>	<p>13</p> <p>9:00 News, Crosswords &amp; Puzzles (P) 9:00 Shopping Trip: Aldi ** \$\$ (OOB) 9:00 Phoebe the Dog Spending the Day (P) 10:30 Light Stretching Exercise Video (P) 11:00 Thanking our Receptionists (ML) 1:30 Crafting: Spring Wreaths (3FL/CR) 2:00 Worship with Chaplain Brittany (CM) 2:30 Cognitive: Colored Cup Patterns (3FL/CR) 3:00 Bible Study (CM) 6:00 Adult Coloring &amp; Games (P)</p>	<p>14</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Hymn Sing with Chaplain Brittany (P) 10:30 Creative Painters': Balloon Stamped Poppies (3FL/CR) 1:30 Book Worm Club: <i>She Has a Name</i> by Guided by His Hand (3FL/CR) 2:00 Gratitude Club: Saying Thank you to Our Nursing Staff (TB) 3:00 Separating Greeting Cards (3FL/CR) 6:00 Nickel Bingo \$\$ (P)</p>	<p>15</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Creative Crafters: Crayola Crayon Window Decorations (3FL/CR) 11:00 Foot &amp; Ankle Exercise (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Balloon Reverse Pass (3FL/CR) 3:00 Communion &amp; Rosary with Chaplain Henninger (CM) 3:30 Twister Toss (3FL/CR) 6:00 Movie: <i>Cool Runnings</i> (P)</p>	<p>Armed Forces Day 16</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Documentary: <i>Tribute to Armed Forces Day</i> by Lloyd Larson (3FL/CR) 10:30 Brain Gym: To a "T" Game (3FL/CR) 11:00 Painting Fireworks (3FL/CR) 1:00 Patriotic Trivia (CNT) 2:00 Nickel Bingo \$\$ (P) 2:00 Patriotic Parfaits &amp; Puzzles (CNT) 3:00 Patriotic Sing-a-Long (CNT) 6:00 Televised Catholic Mass (P)</p>	
<p>17</p> <p>9:00 Daily Meeting &amp; Chronicles (3FL/CR) 9:30 Trinity Lutheran Church (3FL/CR) 10:30 Just Legs Exercise (3FL/CR) 11:00 Health Talk: <i>14 Benefits of Laughter</i> By Psychology Element (3FL/CR) 1:30 Musical Entertainment with Dave Derbes (P) 3:00 Communion Service with Chaplain Henninger (CM) 6:00 Variety Puzzles (P)</p>	<p>18</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:30 Seated Yoga with Michele (P) 11:00 Motional Talk: <i>How to Smile More</i> by The Pretty Positive (3FL/CR) 1:30 Book Worm Club: <i>I Think I Can</i> by Chicken Soup for the Soul (3FL/CR) 2:00 Worship with Chaplain Brittany (CM) 3:00 Circle of Friends (CM) 3:30 Table Air Hockey (3FL/CR) 6:00 Variety Board Games (P)</p>	<p>19</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Memory Magic (3FL/CR) 10:30 Mediation Exercise (3FL/CR) 11:00 Trailblazers (TB) 1:30 Ring Toss on the Patio (1FP) 2:00 Chef's Table (DR) 2:30 Floral Designers' Club: Pastry Bag Bouquet (3FL/CR) 3:30 Root Beer Ice Cream Floats (3FL/CR) 6:00 Nickel Bingo \$\$ (P)</p>	<p>20</p> <p>9:00 News, Chronicles &amp; Puzzles (P) 9:00 Shopping Trip: Dollar Tree &amp; Boscov's ** \$\$ (OOB) 10:00 Word Within a Word Wednesday (P) 10:30 Balance &amp; Action with Melissa (P) 2:00 Worship Service with Chaplain Brittany (CM) 2:00 Ed-U Presentation: Porcupine Pat (P) 3:00 Bible Study (CM) 6:00 Adult Coloring &amp; Games (P)</p>	<p>21</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Hymn Sing with Chaplain Brittany (P) 10:30 Perfect Table Top Roll (3FL/CR) 11:00 Shoulder Massages (3FL/CR) 1:30 Taking a Stroll (TB) 2:00 Music Entertainment: Memories with Pat Mauve (CNT) 3:00 Refreshments in the Gazebo (PL) 3:30 Trivia in the Gazebo (PL) 6:00 Nickel Bingo \$\$ (P)</p>	<p>22</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Pet Dog Visit: Daeko (3FL/CR) 10:30 Duck Racing for a Prize (1FP) 1:30 Seated Zumba with Michele (P) 2:30 Brain Gym: How Many Words are in Your Name (3FL/CR) 3:00 Communion &amp; Rosary with Chaplain Henninger (CM) 3:30 Tic Tac Toe Toss (3FL/CR) 6:00 Movie: <i>The Apple Dumpling Gang</i> (P)</p>	<p>23</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Making Fruit Salad for Our Connections Friends (3FL/CR) 11:00 Desktop Clutter Detective (3FL/CR) 1:00 Manicures &amp; Music (CNT) 2:00 Relax &amp; Refresh Social (CNT) 2:00 Nickel Bingo \$\$ (P) 3:00 Pondering Prompts (CNT) 3:30 Taking an Outside Troll (3FL/CR) 6:00 Televised Catholic Mass (P)</p>	
<p>Pentecost 24</p> <p>9:00 Daily Meeting &amp; Chronicles (3FL/CR) 9:30 St. Ambrose Church (3FL/CR) 10:30 Just Arms Exercise (3FL/CR) 11:00 Hand &amp; Wrist Exercises (3FL/CR) 1:30 Painters' Club: Easy-Peasy Heart Art (3FL/CR) 3:00 Communion Service with Chaplain Henninger (CM) 6:00 Variety Puzzles (P)</p>	<p>Memorial Day 25</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Homophone Hotline Game (3FL/CR) 11-12 Memorial Day Picnic (1FP &amp; DR) 1:30 Documentary: <i>History of Memorial Day</i> By Dave Stolls (3FL/CR) 2:00 Memorial Day Outside Games (1FP) 2:30 Red, White &amp; Blue Social (1FP) 3:30 Word Within a Word (1FP) 6:00 Variety Board Games (P)</p>	<p>26</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Communion with Sister Mary Jane (CM) 10:30 Presentation by Bayada: <i>Skin Cancer Prevention</i> (P) 1:30 Music by Rylee (P) 3:00 Community Meeting (P) 3:30 Conversation Stones (3FL/CR) 6:00 Nickel Bingo \$\$ (P)</p>	<p>27</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Seated Tai Chi Video (3FL/CR) 10:30 Fairlane Diner Brunch ** \$\$ (OOB) 2:00 Celebration of Life (CM) 2:30 Creative Crafters: Good Hang Flowerpot Pals - Part 1 (3FL/CR) 3:30 Afternoon Fitness Walkers (TB) 4:30 Chef on the Deck ** (P) 6:00 Adult Coloring &amp; Games (P)</p>	<p>28</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Hymn Sing with Chaplain Brittany (P) 10:30 Creative Crafters: Good Hang Flowerpot Pals - Part 2 (3FL/CR) 11:00 Afternoon Fitness Walkers (TB) 1:00 Rhyming Challenge (CNT) 2:00 Sunshine Social (CNT) 3:00 Hoover Soccer (CNT) 6:00 Nickel Bingo \$\$ (P)</p>	<p>29</p> <p>9:00 Phoebe the Dog Spending the Day (P) 9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Life Memory Vision Boards (3FL/CR) 1:30 Seated Zumba with Michele (P) 2:30 Horseshoe Challenge (3FL/CR) 3:00 Communion &amp; Rosary with Chaplain Henninger (CM) 3:30 Balloon Bomb Box Game (3FL/CR) 6:00 Movie: <i>Cheaper by the Dozen</i> (P)</p>	<p>30</p> <p>9:30 Daily Meeting &amp; Chronicles (3FL/CR) 10:00 Tough as a Tortoise Trivia (3FL/CR) 10:30 Craft: Mandala 3D Turtles (3FL/CR) 11:00 Helping Hands: Clean up (3FL/CR) 1:00 Manicures &amp; Music (CNT) 2:00 Nickel Bingo \$\$ (P) 2:30 Mocktails &amp; Munchies (CNT) 3:30 Jokes &amp; Riddles (CNT) 6:00 Televised Catholic Mass (P)</p>	