

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Chambersburg CONNECTIONS  JULY 2026			1 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: Mikie's Ice Cream 2:00 Patriotic Sing-A-Ling and Trivia 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: Red, White, and Blue Trifles 2:30 Patriotic Parfait Bash 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Patriotic Color Match 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Fireworks on the Fourth 2:00 Piano Playing with Bryan Herber 3:00 Rockin' with Rocket Pops 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down Independence Day
5 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Color A Patriotic Tune 2:30 Afternoon Mocktail: Red, White, and Brews 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 United <i>Shapes</i> of America 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	7 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Crafts with Club: Uncle Sam Wooden Gnome 2:30 Refreshments with Friends 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: McDonald's Sundaes 2:00 Freezer Pop Day 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: Decorate Your Own Cupcake 2:30 Cupcake Canvas Bash 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Mellow with Morgan 7:00 Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: Local Parades 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 What Am I? Trivia 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
12 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 <i>Manis</i> and Music 2:30 Afternoon Mocktail: Strawberry Lemonade 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 250th Anniversary of the United States Trivia 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Crafts with Club: Beach Sand Handprint 2:30 Sippin' Social 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Mellow with Morgan 7:00 Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: Rita's and Duck Pond in Shippensburg 2:00 National Mango Day with Kiwi and Mango Parfaits 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:00 Piggy Preparation 2:30 Tree Family Pigs 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Summer Fun Bingo 2:30 Helping Hands: Prep Cheesecake Dip 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Test Taste: Cherry Cheesecake Dip 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 <i>Manis</i> and Music 2:30 Afternoon Mocktail: Blue Lagoon 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Easy Does It Trivia 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Crafts with Club: Alcohol Ink Art 2:30 Cool Off on the Patio 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Connection's Boutique 2:30 Mini Gazebo Getaway with No Bake Banana Pudding Cups 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Hydration Station: Pina Colado Slushies 2:30 Slushie Splash Bash 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Mellow with Morgan 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Can You Picture This? 2:30 Memory Café 3:00 Balloon Volleyball League 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 July Short Story: A <i>Real-ity</i> Goal 2:30 Hydration Station 3:00 Movement to Music 4:30 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
26 6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 <i>Manis</i> and Music 2:30 Afternoon Mocktail: Sunrise Sippers 3:00 Worship Service 4:30 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Summer Fun Card Match Up 2:30 Memory Café 3:00 Sunshine Club 4:30 Dinner 5:00 Classic TV 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Fun with Suds: Wheelchair and Walker <i>Car Wash</i> 2:30 Sip and Shine 3:00 Move and Groove 4:30 Dinner 5:00 International Adventures 6:00 Mellow with Morgan 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Day Excursion: Windy Knoll's 2:00 Drums and Music 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:30 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Power Hour in the Exercise Room 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Cooking with Club: Healthy Fruit Cones 2:30 Fruitopia Fiesta 3:00 Midweek Worship Service 4:30 Dinner 5:00 Retro Radio 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Double Letter Word Games 2:30 Memory Café 3:00 Coal Miner Music with Jay Smar 4:30 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	

CONNECTIONS

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