

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dover CONNECTIONS JULY 2026			1 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00: Donuts and Trivia 10:45 Name that Tune with Bev & Sue 11:45 Lunch 1:30 Midweek Church Service with Chaplain Shawn 3:00 Postal Party 4:00 Walking Club 4:45: Dinner 6:30 Evening Wind Down	2 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Silver Sneaker Thursday 10:30 Jingo 11:45 Lunch 1:30 Gardening club 2:30 Hymn Sing with Chaplin Shawn 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind	3 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Friday Warrior Workout 10:30 Craft Club 11:45 Lunch 1:30 Trivia 2:30 Patio Games 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	4 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Morning Fitness 10:30 Trivia 11:45 Lunch 1:30 Bingo 3:00 4th of July Social 4:00 Walking Club 4:45 Dinner 6:30 Movie Night: Independence Day
5 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 9:15: Daily Chronicle 10:00: This Day in History 10:45 Bible Trivia 11:45 Lunch 1:30: Sunday Service with Chaplin Shawn 3:00: Popsicles on the Patio 4:45: Dinner 6:30 Bible Stories	6 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Monday Morning Muscle Club 10:30 11:45: Lunch 1:15 Memory Magic 2:30 Men’s Club with Chaplain Shawn 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:00 Relax and Unwind	7 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Toned Tuesday Workout 10:30 Question Ball 11:45 Lunch 1:15 Baking with Club 2:15 Bible Study 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	8 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00: Donuts and Trivia 10:45 Name that Tune with Bev & Sue 11:45 Lunch 1:30 Midweek Church Service with Chaplain Shawn 2:30 Crunch & Quench 3:00 Freezer Pops and Read Round 4:00 Walking Club 4:45 Dinner 6:30 Evening Wind Down	9 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Silver Sneaker Thursday 10:30 Jingo 11:45 Lunch 1:30 Gardening Club 2:30 Hymn Sing with Chaplin Shawn 3:00 Happy Hour: Sand, Sun and Cocktails 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind	10 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Friday Warrior Workout 10:30 Craft Club 11:45 Lunch 1:30 Trivia 2:30 Patio Games 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	11 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Morning Fitness 10:30 Bingo 11:45 Lunch 2:00 Music by “Michelle Jameson” 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind
12 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 9:15: Daily Chronicle 10:00: This Day in History 10:45 Bible Trivia 11:45 Lunch 1:30: Sunday Service with Chaplin Shawn 3:00: Milkshakes on the Patio 4:45: Dinner 6:30 Bible Stories	13 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Monday Morning Muscle Club 10:50 Music Therapy with Michelle 11:45: Lunch 1:15 Bingo with Bob 2:30 Men’s Club with Chaplain Shawn 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:00 Relax and Unwind	14 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Toned Tuesday Workout 10:30 Question Ball 11:45 Lunch 1:15 Baking with Club 2:15 Bible Study 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	15 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00: Donuts and Trivia 10:45 Name that Tune with Bev & Sue 11:45 Lunch 1:30 Midweek Church Service with Chaplain Shawn 3:00 Monthly Birthday Celebrations 4:45 Dinner 6:30 Evening Wind Down	16 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Silver Sneaker Thursday 10:30 Bingo 11:45 Lunch 1:30 Chef Demo with Chef Joe 2:30 Hymn Sing with Chaplin Shawn 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind	17 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Friday Warrior Workout 10:30 Craft Club 11:45 Lunch 1:30 Trivia 2:30 Patio Games 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	18 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Morning Fitness 10:30 Memory Magic 11:45 Lunch 1:30 Music by “ Tom and Randy” 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 9:15: Daily Chronicle 10:00: This Day in History 10:45 Bible Trivia 11:45 Lunch 1:30: Sunday Service with Chaplin Shawn 3:00: Banana Splits on the Patio 4:45: Dinner 6:30 Bible Stories	20 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Monday Muscle Club 10:50 Music Therapy with Michelle 11:45: Lunch 1:15 Aqua Painting 2:30 Men's Club with Chaplain Shawn : Seafood Boil 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:00 Relax and Unwind	21 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Toned Tuesday Workout 10:30 Question Ball 11:45 Lunch 1:15 Baking with Club 2:15 Bible Study 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	22 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00: Donuts and Trivia 10:45 Name that Tune with Bev & Sue 11:45 Lunch 1:30 Midweek Church Service with Chaplain Shawn 2:30 Crunch & Quench 3:00 Jeopardy Jam with Alex Trebek 4:00 Walking Club 4:45 Dinner 6:30 Evening Wind Down	23 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Silver Sneaker Thursday 10:30 Jingo 11:45 Lunch 1:30 Gardening club 2:30 Hymn Sing with Chaplin Shawn 3:00 Dance Happy Hour with Carlos 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind	24 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Friday Warrior Workout 10:30 Craft Club 11:45 Lunch 1:30 Trivia 2:30 Patio Games 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	25 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Morning Fitness 10:30 Bingo 11:45 Lunch 1:30 Bingo 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind
26 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 9:15: Daily Chronicle 10:00: This Day in History 10:45 Bible Trivia 11:45 Lunch 1:30: Sunday Service with Chaplin Shawn 3:00: Root Beer Floats on the Patio 4:45: Dinner 6:30 Bible Stories	27 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Monday Muscle Club 10:50 Music Therapy with Michelle 11:45: Lunch 1:15 Fats Domino Hits 2:30 Men's Club with Chaplain Shawn 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:00 Relax and Unwind	28 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Toned Tuesday Workout 10:30 Question Ball 11:45 Lunch 1:15 Small bites for Support 2:15 Bible Study 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:00 Support Group 6:30 Movie Night	29 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00: Donuts and Trivia 10:45 Name that Tune with Bev & Sue 11:45 Lunch 1:30 Midweek Church Service with Chaplain Shawn 2:30 Crunch & Quench 3:00 Painting Club 4:00 Walking Club 4:45 Dinner 6:30 Evening Wind Down	30 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Silver Sneaker Thursday 10:30 Bingo 11:45 Lunch 1:30 Gardening club 2:30 Hymn Sing with Chaplin Shawn 3:00 Monthly Birthday Celebrations 4:00 Walking Club 4:45 Dinner 6:30 Relax and Unwind	31 7:00 Activities of Daily Living 8:00: Breakfast & Café Espresso 10:00 Friday Warrior Workout 10:30 Craft Club 11:45 Lunch 1:30 Trivia 2:30 Patio Games 3:00 Crunch & Quench 4:00 Walking Club 4:45 Dinner 6:30 Movie Night	

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