

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lancaster CONNECTIONS  JULY 2026			1 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 Color me Calm 11:15 Lunch 1:00 Connect Four 2:00 Hydration & Snack 3:00 Midweek Worship with Chaplain Jeff! 4:00 Dinner 5:30 After Dinner Movie: Mamma Mia! 7:00 Evening Snack & Refreshments	2 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 Color me Calm 11:15 Lunch 1:00 Outdoor Games 2:00 Hydration + Snack: Root Beer Floats 3:00 Photo Fun & Games! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments	3 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Seated Range of Motion 10:30 Let's Revisit: Radio City Music Hall! 11:15 Lunch 1:00 Hymn Sing with Chaplain Jeff! 2:00 Hydration & Snack 3:00 Bingo! 4:00 Dinner 5:30 pm Soothing Sounds 7:00 Evening Snacks & Refreshments	4 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 4th of July Fireworks 11:15 Lunch 1:00 Garden Relaxation 2:00 Hydration & Snack 3:00 Happy 250th America! 4:00 Dinner 5:30 pm Soothing Sounds 7:00 Evening Snacks & Refreshments Independence Day
5 7:00 Activities of Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Gentle Seated Exercise 10:30 Name the Tune! 11:15 Lunch 1:00 Classic TV Hour: I Love Lucy 2:15 Sunday Worship with Chaplain Jeff 3:00 Boardgame Troop 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments	6 7:00 Activities of Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Exercise 10:30 Music Videos! 11:15 Lunch 1:00 Garden Relaxation 2:15 Pottery with Marcie 3:00 Balloon Volleyball League 4:00 Dinner 5:30 Evening Bird Watching 7:00 Evening Snacks & Refreshments	7 7:00 Activities of Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Stretching in the Garden 10:30 Garden Relaxation 11:15 Lunch 1:00 Learning to Cook with Friends! 2:00 Hydration & Snacks 3:00 Bingo with Friends! 4:00 Dinner 5:30 Mindful Manicures 7:00 Evening Snacks & Refreshments	8 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout 10:30 Let's Learn: The Liberty Bell! 11:15 Lunch 1:00 Garden Relaxation 2:00 Hydration & Snack 3:00 Midweek Worship with Chaplain Jeff 4:00 Dinner 5:30pm After Dinner Movie: Robin Hood 7:00 Evening Snack & Refreshments	9 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout with Scarves! 10:30 Armchair Travels 11:15 Lunch 1:30 Nick Viscuso at the Keyboard! 2:30 Hydration & Snack: Root Beer Floats 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments	10 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Stay Fit Friday: Gentle Exercise 10:30 Color me Calm 11:15 Lunch 1:00 Hymn Sing with Chaplain Jeff 2:00 Hydration & Snack 3:00 Split Force Band! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments	11 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout with Scarves! 10:30 Word in Word 11:15 Lunch 1:00 Classic TV Hour: The Andy Griffith Show 2:00 Hydration & Snacks 3:00 Color me Calm 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments
12 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout 10:30 Color me Calm 11:15 Lunch 1:00 Yahtzee! 2:15 Sunday Worship with Chaplain Jeff! 3:00 Bingo! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments	13 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout 10:30 Garden Relaxation 11:15 Lunch 1:00 Greatest Inventions of All Time! 2:00 Hydration & Snacks 3:00 Classic TV Hour: Johnny Carson Show 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments	14 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Stretch! 10:30 Guess the Instrument! 11:15 Lunch 1:00 Garden Games 2:00 Hydration & Snacks 3:00 Bingo with Friends! 4:00 Dinner 5:30 Mindful Manicures 7:00 Evening Snacks & Refreshments	15 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout 10:30 World Orca Day! 11:15 Lunch 1:00 Garden Relaxation 2:15 Midweek Worship with Chaplain Jeff 3:00 Craft Club 4:00 Dinner 5:30 After Dinner Movie: Breakfast at Tiffany's 7:00 Evening Snacks & Refreshments	16 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout with Scarves! 10:30 Word in Word 11:15 Lunch 1:00 Armchair Travels 2:00 Hydration & Snack: Root Beer Floats 3:00 Let's Learn: Sharks! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments	17 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Seated Range of Motion 10:30 Lancaster Parks Presents: Pollinators 11:15 Lunch 1:00 Hymn Sing with Chaplain Jeff! 2:00 Hydration & Snack 3:00 Garden Relaxation 4:00 Dinner 5:30 pm Soothing Sounds 7:00 Evening Snacks & Refreshments	18 7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout with Scarves! 10:30 Garden Relaxation 11:15 Lunch 1:00 A Day at the Zoo 2:00 Hydration & Snacks 3:00 Jeopardy! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24	25
7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicles & Devotions 10:00 Morning Workout 10:30 Color me Calm 11:15 Lunch 1:00 Yahtzee! 2:15 Sunday Worship with Chaplain Jeff! 3:00 What Am I? 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snacks & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 Color me Calm 11:15 Lunch 1:00 Garden Relaxation 2:00 Hydration & Snack 3:00 Let's Revisit: The Moon Landing! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 Trivia Tuesdays! 11:15 Lunch 1:00 Birthday Ice Cream Social! 2:00 Hydration & Snack 3:00 Jeopardy! 4:00 Dinner 5:30 Mindful Manicures 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 Word in Word 11:15 Lunch 1:00 Garden Relaxation 2:00 Hydration & Snack 3:00 Midweek Worship with Chaplain Jeff! 4:00 Dinner 5:30 After Dinner Movie: A League of Their Own 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Workout 10:30 Bird Watching in Sunroom 11:15 Lunch 1:00 Garden Relaxation 2:00 Hydration & Snack: Slushees 3:00 Craft Club: Beads 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Flex & Fit Friday! 10:30 Wonders of the World! 11:15 Lunch 1:00 Hymn Sing with Chaplain Jeff! 2:00 Hydration & Snack 3:00 Uno! 4:00 Dinner 5:30 Evening Bird Watching 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Range of Motion 10:30 Color Me Calm 11:15 Lunch 1:00 Is it Cake? 2:00 Hydration & Snack 3:00 Painting Hour 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments
26	27	28	29	30	31	
7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 ABC Game 11:15 Lunch 1:00 Garden Relaxation 2:15 Sunday Worship with Chaplain Jeff! 3:00 Boardgame Troop 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Workout with Scarves! 10:30 Let's Laugh: The Golden Girls 11:15 Lunch 1:00 Garden Relaxation 2:00 Hydration & Snack 3:00 Balloon Volleyball League 4:00 Dinner 5:30 Evening Bird Watching 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Workout 10:30 Trivia Tuesdays 11:15 Lunch 12:30 Musical Entertainment ft Quinten Jones! 2:00 Hydration & Snack 3:00 Bingo with Friends! 4:00 Dinner 5:30 Mindful Manicures 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 Garden Relaxation 11:15 Lunch 1:00 Bean Bag Toss 2:00 Hydration & Snack 3:00 Midweek Worship with Chaplain Jeff! 4:00 Dinner 5:30 After Dinner Movie: Rodger & Hammerstein's: Cinderella 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Exercise 10:30 Color Me Calm 11:15 Lunch 1:30 Hydration & Snack: Root Beer Floats! 3:00 Family Feud! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments	7:00 Activities for Daily Living 8:00 Breakfast 9:30 Daily Chronicle & Devotions 10:00 Morning Stretch 10:30 Getting to Know You! 1:00 Hymn Sing with Chaplain Jeff! 2:00 Hydration & Snack 3:00 Guess the Dog Breed! 4:00 Dinner 5:30 Soothing Sounds 7:00 Evening Snack & Refreshments	

CONNECTIONS



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