Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 1:30 Colors of Autumn 2:30 Afternoon Mocktail: Apple Cider 3:00 Worship Service 5:00 Cozy Conversations 7:00 Evening Wind Down	2 9:30 Morning Meet Up 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Pumpkin White Hot Cocoa 2:30 Memory Café 3:00 Sunshine Club 5:00 Classic TV 7:00 Evening Wind Down	3 9:30 Morning Meet Up 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 1:30 Pom-Pom Candy Corn 2:30 Refreshment with Friends 3:00 Move and Groove 6:00 Mellow with Morgan 7:00 Evening Wind Down Election Day	4 9:30 Morning Meet Up 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Day Excursion: Mikie's of Greencastle 2:00 From Takeoff to Landing 3:00 Leading Ladies: Hymns and Bible Study with Patti 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	5 9:30 Morning Meet Up: 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Cooking with Club: Wafer Cookie Airplanes 2:30 Crunchy Cruiser Crew 3:00 Midweek Worship Service 5:00 Retro Radio 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	6 9:30 Morning Meet Up 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Word Ladder 2:30 Memory Café 3:00 Balloon Volleyball League 5:00 Relaxing Reading 7:00 Evening Wind Down	7 9:30 Morning Meet Up: 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Fall Pictionary 2:00 Piano Playing with Bryan Herber 3:00 Movement to Music 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
8 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 1:30 Postcard Puzzles 2:30 Afternoon Mocktail: Hot Cocoa 3:00 Worship Service 5:00 Cozy Conversations 7:00 Evening Wind Down	9 9:30 Morning Meet Up 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 November Book Club: Tiny House, Giant Plans 2:30 Memory Café 3:00 Sunshine Club 5:00 Classic TV 7:00 Evening Wind Down	10 9:30 Morning Meet Up 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 1:30 Day Excursion: Country Bus Ride 2:00 Fall Placemats 3:00 Move and Groove 5:00 International Adventures 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	11 9:30 Morning Meet Up 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Helping Hands: Warm Wishes Box 2:30 Seasonal Snacks 3:00 Leading Ladies: Hymns and Bible Study with Patti 7:00 Evening Wind Down Veterans Day	12 9:30 Morning Meet Up: 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Cooking with Club: Red, White, and Blue Shortcake Cups 2:30 Star-Spangled Sweets 3:00 Midweek Worship Service 5:00 Retro Radio 6:00 Mellow with Morgan 7:00 Evening Wind Down	13 9:30 Morning Meet Up 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Songs that Take Us to New Heights 2:30 Memory Café 3:00 Balloon Volleyball League 5:00 Relaxing Reading 7:00 Evening Wind Down	14 9:30 Morning Meet Up: 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Thanksgiving Escape Room 2:30 Hydration Station 3:00 Movement to Music 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
15 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 1:30 Easy Does It Trivia 2:30 Afternoon Mocktail: Iced Chai Tea 3:00 Worship Service 5:00 Cozy Conversations 7:00 Evening Wind Down	16 9:30 Morning Meet Up 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 "Sense"-sational Thanksgiving Dinner 2:30 Memory Café 3:00 Sunshine Club 5:00 Classic TV 7:00 Evening Wind Down	17 9:30 Morning Meet Up 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 1:30 Day Excursion: The Meadows 2:00 Turkey Charcuterie Plates 3:00 Move and Groove 5:00 International Adventures 6:00 Mellow with Morgan 7:00 Evening Wind Down	18 9:30 Morning Meet Up 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Rainy Day Watercolor Painting 2:00 Warming Up with Hot Cocoa 3:00 Leading Ladies: Hymns and Bible Study with Patti 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	19 9:30 Morning Meet Up: 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Cooking with Club: Spiced Yogurt Dip 2:30 Cinnamon Swirl Soiree 3:00 Midweek Worship Service 5:00 Retro Radio 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	20 9:30 Morning Meet Up 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 November Can You Picture This? 2:30 Memory Café 3:00 Balloon Volleyball League 5:00 Relaxing Reading 7:00 Evening Wind Down	21 9:30 Morning Meet Up: 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Around the Table Talk: The Golden Age of Air Travel 2:00 Hydration Station 3:00 Movement to Music 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
22 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 1:30 What Am I? 2:30 Afternoon Mocktail: Pumpkin Spice Latte 3:00 Worship Service 5:00 Cozy Conversations 7:00 Evening Wind Down	23 9:30 Morning Meet Up 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Tom the Turkey Takedown 2:30 Memory Café 3:00 Sunshine Club 5:00 Classic TV 7:00 Evening Wind Down	24 9:30 Morning Meet Up 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 1:30 Bread and Butter Baking 2:30 Refreshments with Friends 3:00 Move and Groove 5:00 International Adventures 6:00 Patti's Peaceful Corner 7:00 Evening Wind Down	25 9:30 Morning Meet Up 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 History of Pumpkin Pie 2:00 Pumpkin Pie Day 3:00 Leading Ladies: Hymns and Bible Study with Patti 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	26 9:30 Morning Meet Up: 10:00 Mobility in Motion 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Cooking with Club: Cranberry Sparkler 2:30 Friendsgiving Social 3:00 Midweek Worship Service 6:00 Mellow with Morgan 7:00 Evening Wind Down Thanksgiving	27 9:30 Morning Meet Up 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Pumpkin Fudge 2:30 Memory Café 3:00 Balloon Volleyball League 5:00 Relaxing Reading 7:00 Evening Wind Down	28 9:30 Morning Meet Up: 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Memory Magic 2:00 Hydration Station 3:00 Movement to Music 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
29 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 1:30 Autumn This or That 2:30 Afternoon Mocktail: Butterbeer 3:00 Worship Service 5:00 Cozy Conversations 7:00 Evening Wind Down	30 9:30 Morning Meet Up 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 1:30 Roll-a-Story 2:30 Memory Café 3:00 Sunshine Club 5:00 Classic TV 7:00 Evening Wind Down	Chambersburg Connections MEMORY SUPPORT SERVICES				**November 2026**