Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10am Range of Motion 10:30am Soothing Nature 11:30am Lunch 1pm Sundae Sundays 2pm Sunday Service 3pm Craft Club 4:30pm Dinner 5:30pm Relax & Refresh	2 10am Morning Stretch 10:30am Trivia 11:30am Lunch 1pm Garden Time 2:15pm Pottery with Marcie! 3pm Armchair Travels: South Dakota 4:30pm Dinner 5:30pm Relax & Refresh	3 10am Seated Workout 10:30am Soothing Nature 11:30am Lunch 1pm Trivia Tuesday! 2pm Hydration + Snack 3pm Bingo with Friends! 4:30pm Dinner 5:30pm Nail Painting ELECTION DAY	4 10am Seated Cardio 10:30am Jane Goodall Day! 11:30am Lunch 1pm Model Planes! 2pm Hydration + Snack 3pm Midweek Worship 4:30pm Dinner 5pm: Movie: Titanic	5 10am Morning Stretch 10:30am Armchair Travels 11:30am Lunch 1pm All about Nat King Cole! 2pm Hydration + Snack 3pm Balloon Volleyball 4:30pm Dinner 5:30pm Relax & Refresh	6 10am Range of Motion 10:30am Soothing Nature 11:30am Lunch 1pm Hymn Sing 2pm Hydration + Snack 3pm Color Me Calm 4:30pm Dinner 5:30pm Relax & Refresh	7 10am Seated Stretch 10:30am Soothing Nature 11:30am Lunch 1pm Armchair Travel: Puerto Rico! 2pm Hydration + Snack 3pm Balloon Volleyball 4:30pm Dinner 5:30pm Relax & Refresh
8 10am Seated Workout 10:30am Remembering JFK 11:30am Lunch 1pm Sundae Sundays 2pm Sunday Service + Choir 3pm Craft Club: Turkeys 4:30pm Dinner 5:30pm Relax & Refresh	9 10am Morning Stretch 10:30am Soothing Nature 11:30am Lunch 1pm Trivia! 2pm Hydration + Snack 3pm Balloon Volleyball 4:30pm Dinner 5:30pm Relax & Refresh	10 10am Morning Workout 10:30am Armchair Travels: Badlands Nat. Park 11:30am Lunch 1pm Campfire Stories 2pm Hydration + Snack 3pm Bingo with Friends! 4:30pm Dinner 5:30pm Nail Painting	11 10am Range of Motion 10:30am Veteran's Day! 11:30am Lunch 1pm What's your Zodiac? 2pm Hydration + Snack 3pm Midweek Worship 4:30pm Dinner 5pm: Movie: Yellow Submarine! Veterans Day	12 10am Seated Stretch 10:30am All about Grace Kelly! 11:30am Lunch 1pm Science Club: Paper Airplanes 2pm Hydration + Snack 3pm Wii Bowling 4:30pm Dinner 5:30pm Relax & Refresh	13 10am Morning Exercise 10:30am Soothing Nature 11:30am Lunch 1pm Hymn Sing 2pm Hydration + Snack 3pm Let's Rock: The Beatles! 4:30pm Dinner 5:30pm Relax & Refresh	14 10am Range of Motion 10:30am Word Games! 11:30am Lunch 1pm Color Me Calm 2pm Hydration + Snack 3pm Balloon Volleyball 4:30pm Dinner 5:30pm Relax & Refresh
15 10am Morning Exercise 10:30am Steve Irwin Day! 11:30am Lunch 1pm Sunday Sundaes 2pm Sunday Service 3pm Color Me Calm 4:30pm Dinner 5:30pm Relax & Refresh	16 10am Seated Cardio 10:30am Armchair Travels 11:30am Lunch 1pm Color Me Calm 2pm Hydration + Snack 3pm Yahtzee! 4:30pm Dinner 5:30pm Relax & Refresh	17 10am Morning Stretch 10:30am Soothing Nature 11:30am Lunch 1pm Where in the World? 2pm Hydration + Snack 3pm Bingo with Friends! 4:30pm Dinner 5:30pm Nail Painting	18 10am Gentle Chair Exercises 10:30am Bird Watching 11:30am Lunch 1pm Color me Calm 2pm Birthday Social! 3pm Midweek Worship 4:30pm Dinner 5pm: Movie: My Fair Lady	19 10am Morning Exercise 10:30am Soothing Nature 11:30am Lunch 1pm Craft Club: Thanksgiving! 2pm Hydration + Snack 3pm Jeopardy: TV Shows! 4:30pm Dinner 5:30pm Relax & Refresh	20 10am Morning Stretch 10:30am Lanc Park Presents: Turkeys 11:30am Lunch 1pm Hymn Sing 2pm Hydration + Snack 3pm Craft Club 4:30pm Dinner 5:30pm Relax & Refresh	21 10am Range of Motion 10:30am Soothing Nature 11:30am Lunch 1pm Word in Word 2pm Hydration + Snack 3pm Let's Revisit: Dallas 4:30pm Dinner 5:30pm Relax & Refresh
22 10am Seated Cardio 10:30am Funny animals 11:30am Lunch 1pm Sunday Sundaes 2pm Sunday Service 3pm Color Me Calm 4:30pm Dinner 5:30pm Relax & Refresh	23 10am Morning Stretching 10:30am Soothing Nature 11:30am Lunch 1pm ABC Game 2pm Hydration + Snack 3pm Balloon Volleyball 4:30pm Dinner 5:30pm Relax & Refresh	24 10am Gentle Seated Workout 10:30am Better Then or Now? 11:30am Lunch 12:30pm Quinten Jones! 2pm Hydration + Snack 3pm Bingo with Friends! 4:30pm Dinner 5:30pm Nail Painting	25 10am Morning Workout 10:30am Soothing Nature 11:30am Lunch 1pm Nick Viscuso! 2pm Hydration + Snack 3pm Midweek Worship 4:30pm Dinner 5pm: Movie: The Santa Clause	26 10am Seated Stretch 10:30am Thanksgiving Parade! 11:30am Lunch 1pm Thanksgiving word in word! 2pm Hydration + Snack 3pm Craft Club: Christmas! 4:30pm Dinner 5:30pm Relax & Refresh Thanksgiving	27 10am Morning Workout 10:30am Soothing Nature 11:30am Lunch 1pm Hymn Sing 2pm Hydration + Snack 3pm Color Me Christmas! 4:30pm Dinner 5:30pm Relax & Refresh	28 10am Range of Motion 10:30am Armchair Travels 11:30am Lunch 1pm Color Me Calm 2pm Hydration + Snack 3pm Balloon Volleyball 4:30pm Dinner 5:30pm Relax & Refresh
29 10am Seated Workout 10:30am Let's Laugh: animals! 11:30am Lunch 1pm Sunday Sundaes 2pm Sunday Service 3pm Craft Club 4:30pm Dinner 5:30pm Relax & Refresh	30 10am Morning Stretch 10:30am Soothing Nature 11:30am Lunch 1pm Thanksgiving History with John Marieta! 2pm Hydration + Snack 3pm Balloon Volleyball 4:30pm Dinner 5:30pm Relax & Refresh					

Providence Place
SENIOR LIVING

Lancaster Connections November 2026